Outdoor Activities

ABOUT

Those who visit us will discover a lively people who enjoy the climate and the pleasure of being with each other, often in the open air, experiencing various activities surrounded by nature.
From kite surfing to bike rides over hill and dale, or rock climbing, abseiling and zip wiring for the more adventurous, the options are endless for those who like to keep active.
For those wanting to pump the adrenaline, Portugal has some great challenges in its perfect waves for surfing. Or windsurfing, sailing or paragliding with winds that are guaranteed to get the thrills soaring. Skiing and parasailing, too, provide some amazing experiences.
Try rafting, canyoning and canoeing on Portugal's rivers. And discover their sources deep within the earth, going potholing to delve into unexplored caves.
To enjoy nature in all its charm, we recommend some calmer activities, such as hiking or horse riding, taking in the fragrance of the wild flowers on a beautiful sunny day. Or mountaineering, where apart from the stunning views, you can reach the highest peaks to be rewarded with a view of the nests and flight of birds of prey. There are also boat trips to see dolphins and whales, images that you will never forget.
There's no shortage of ideas and suggestions, the landscapes offer a wealth of diversity and the fine climate will surely be on your side... We might even say that in Portugal, the best companion for adventures is Nature!

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