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# Family

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## ABOUT



**Portugal is a friendly, safe country, with a mild climate and an excellent cuisine, ideal to tour with the family.**

There are numerous activities designed for the [little ones](#), both [outdoors](#) and indoors, in castles, museums, zoos, [theme parks](#) and [aqua parks](#). Following the footprints of dinosaurs, [watching dolphins and whales at sea](#) or learning about the stars are just some ideas of what you can do.



Family in Monte Selvagem Park ©Turismo do Alentejo

[Bicycle](#) or donkey rides in natural parks and reserves are also much appreciated and a relaxed way to learn about and discover [nature](#).

Praia Fluvial\_Aldeias do Xisto ©ARPR Centro de Portugal

On the fine sandy beaches, with their calm waters and pleasant temperatures, children can run and play at will, swim and make sandcastles. But the greatest fun of all is to take advantage of the waves and introduce the whole family to [surfing](#).



Azores Wave Week\_São Miguel Island\_Azores ©Companhia da Fotografia\_Turismo dos Açores

As for rest, it's easy to find a quiet hotel where parents and children will feel comfortable and recharge their batteries for the following day.