
Praia da Apúlia

ABOUT

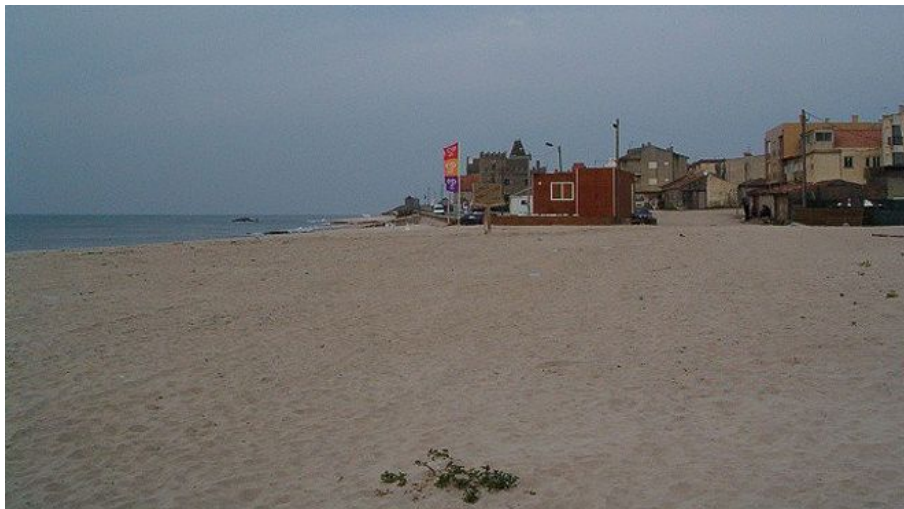


Photo: ABAE

Part of the Litoral de Esposende Protected Landscape, Apúlia Beach covers a large expanse of sand surrounded by dunes that serve to protect the Beach from stronger winds. The dunes are also home to former windmills that have now been converted into holiday homes.

A popular summer destination, the beach has every kind of service and facility and even comes with a specialist health recommendation given its richness in iodine. The abundance of seaweed is one of its greatest characteristics and resulted in one of the defining landmarks of Portugal's northern coastline - the "Sargaceiro da Apúlia", known thus due its purpose of collecting sargaço (the local name for seaweed), which was then used as fertiliser on surrounding fields.

Contacts

Apúlia - Esposende

Characteristics and Services

Outdoor parking
Bar
Average seawater temperature in summer (°C): 15-17 °C
Restaurant
Security or Surveillance
EEC Blue Flag
Sunshade rental
Showers
Small craft hire

Activities

Surfing
Diving
Windsurfing
Bodyboard

Sailing

Accessibility

Accessible beach
