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## Prainha Clube

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### ABOUT

#### Contacts

Praia dos Três Irmãos 8500-072 Alvor  
Telephone: +351 282 458 258  
Fax: +351 282 458 258  
E-mail: [thalgoprainhahealthclub@gmail.com](mailto:thalgoprainhahealthclub@gmail.com)  
Website: <http://www.prainha.net>

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#### Characteristics and Services

Hydro-massage baths  
Seaweed treatments  
Massage  
Beauty treatments  
Sauna  
Turkish saunas  
Gymnasium  
Aquatic gymnastics  
Seawater swimming pool  
Power showers

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#### Timetable

Open Monday to Saturday from 9 am to 10 pm

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#### Payments

Credit cards accepted

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