
Taipas Termal

ABOUT



Photo: Nuno Sampaio

Caldas das Taipas are known since romanization and there are important vestiges of that period. The ruins of a complete balneary, found in 1867, and Pedra Epigráfica de Trajano (Trajano's Epigraphic Stone) prove that this spa had a great demand in the roman period.

Integrated in a park surrounded by River Ave, its Autumns have an almost legendary fame, because of the temperature mildness and the coloured high vineyards that characterize this region.

Contacts

Largo das Termas 4805-079 Caldas das Taipas
Telephone: +351 253 577 845
E-mail: geral@taipastermal.com
Website: www.taipastermal.com

Social Networks: facebook.com/taipastermal

Characteristics and Services

Water type: Hyposaline, sodic, sulphurous, silicated and fluoridated.

pH level: 8,22

Water temperature: 33

Gym

Medical monitoring

Nutrition monitoring

Vichy Shower

Aquatic gymnastics

Hydromassage

Jacuzzi

Power showers

Seaweed treatments

Marine mud treatment

Aerosols

Sauna
Turkish baths
Massage
Pressure-therapy

Timetable

From Monday to Saturday: 8.30am / 9pm
Closed: Sundays and public holidays
Bathing Season: All year round

Accessibility

Disabled access

Reserved parking spaces

Accessible route to the entrance

- Total

Reception area suitable for people with special needs

Care skills

- Mental disability

Support products/services available

- Motor disability
- Mental disability

Accessible changing rooms and treatment areas

Payments

Credit cards accepted

Recommended treatments

Skin therapies

Digestive tract therapies

Respiratory therapies

Nervous system therapies

Rheumatic and musculo-skeletal therapies

Blood circulation therapies

Well-being programmes

Rehabilitation programmes