
Parque Natural de Montesinho

ABOUT



Throughout the Park one senses an intense rural atmosphere, expressed in the villages where the traditional slate or granite houses merge with the landscape itself. Sometimes one can hardly sense the presence of these houses, given the almost perfect harmony between man and nature.

The Park's landscape is characterised by gentle rolling hills and rounded rocky outcrops, complemented by valleys where rivers flow between poplars, alders, willows and large woodlands of black oak, chestnut trees and holm-oaks.

The different settings denote variations in soil characteristics and climate -- lush and green in the western part, still influenced by maritime breezes, and more rugged and open to continental influences in the eastern section. The mountain ranges of Coroa (1273 m) and Montesinho (1486 m) constitute the highest points in the Park, and benefit from a light, invigorating breeze above all during the summer.

The geological diversity of this space includes a predominance of slate and areas of chalk in the mountain plateaus and granite in the higher zones of the Serra de Montesinho. These factors, together with climatic variations, originate a highly varied plant life, and an ideal habitat for animals such as the wolf, wild boar, roe deer and around 240 other animal species.

Contacts

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Characteristics and Services

Signposted routes

Park area: 74.229 ha.

Altitude: Máx - 1.486m; min - 438m

Accommodation facilities available
