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## Vale de Moses

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### ABOUT



Photo: Vale de Moses

Type of accommodation Tourism in the Country

Category: Country Houses

Spend a week in this stunning yoga retreat in the mountains of central Portugal. Practice yoga twice a day, eat 3 daily delicious vegetarian meals, get massaged, walk in the forest and swim in rivers.

### Contacts

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Telephone: +351 272 63 40 06

E-mail: [andrew@valedemoses.com](mailto:andrew@valedemoses.com)

Website: <http://valedemoses.com/>

Social Networks: <http://www.instagram.com/valedemoses> <https://twitter.com/valedemoses>  
<https://www.facebook.com/valedemoses>

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### Characteristics and Services

Games room

Swimming-pool

Number of beds: 10

Number of rooms: 5

Central air conditioning

Central heating

Internet Access

Reserved area for non-smokers

Reserved area for smokers

Restaurant

Indoor swimming-pool

Baby Sitting

Baby-care facilities

Laundry service

SPA  
Garden

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### **Room facilities**

Heating in room

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### **Timetable**

Breakfast timetable: 10:30 am

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### **Access**

Outdoor parking  
Buses  
Transfer service  
Bike friendly

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### **Accessibility**

Disabled access  
Facilities for disabled  
Reserved parking spaces  
Accessible route to the entrance

- Total

Reception area suitable for people with special needs  
Accessible circulation inside

- Total

Accessible areas/services

- Bedrooms
- Meeting rooms
- Restaurant
- Patio

Care skills

- Visual impairment
- Mental disability

Support products/services available

- Visual impairment
- Mental disability

### **Payments**

Travellers Cheques accepted  
Guiding price: \$\$\$\$ (>90€)  
"All inclusive" rates

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**Other informations**

Registration No.: 6490

Minimum stay 1 week. Sundays to Saturdays. March to November.

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