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# Algarve

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## ABOUT



### Algarve

It was here that, in the 15th century, the Portuguese set off on the epic journey that led them to discover other peoples and cultures... and it is in the Algarve that we cheerfully welcome many of our visitors. Even the climate is mild and sunny all year round!

There's no shortage of high quality beaches either. Sandy stretches as far as the eye can see, framed by golden cliffs, virtually deserted islands marking the boundary between Ria Formosa and the sea, and small coves sheltered by the rocks. The ocean, in every shade of blue and mostly calm and warm, invites you for long swims and to indulge in water sports.

And there are also the mountains, where people live in harmony with nature and maintain traditions that they love to share. And the cities. Silves preserves traces of its Arab past and Lagos from the time of the Discoveries. More cosmopolitan Portimão and Albufeira are bustling towns by night and day. Tavira is a showcase for traditional architecture and Faro, the gateway to the region, deserves a long stop to discover its beautiful historic centre.

To relax, you can have various treatments in the spas and thalassotherapy centres and in the Monchique Thermal Baths. There are also many internationally acclaimed golf courses where you can enjoy a spot of exercise. And hotels, tourist villages, resorts, from the simplest to the most sophisticated. In short, a varied array sharing a genuine love for hospitality.

You can use footpaths and cycle trails to get to know the region, such as the Algarve Way inland or the Vicentine Route along one of the best preserved coastal stretches. And boat rides are another ecological way to observe the flora and fauna.

At the table, you will be delighted with the fresh fish and seafood, either grilled or in a casserole. These are divine flavours which you can enjoy on a simple beach terrace or in the most refined Michelin-starred restaurants, where chefs turn out new versions of traditional cuisine. They are further experiences not to be missed on a visit to the region.

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**FIND OUT MORE**

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