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## Accommodation

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### Alentejo

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#### Beja

##### **Pousada de Juventude de Beja**

###### **Youth Hostels**

**Address:** R. Prof. Janeiro Acabado 7800-506 Beja

**Telephone:** +351 284 325 458 **Fax:** +351 284 325 468

**E-mail:** [beja@movijovem.pt](mailto:beja@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

###### **Timetable and reservations:**

08h00 - 24h00;

###### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 50; Double rooms: 10;  
Shared rooms: 6; Internet Access; Kitchen; Television room;  
Bicycle hire;

###### **Access:**

Outdoor parking;

###### **Payments:**

Credit cards accepted;

The Youth Hostel in Beja has wonderful facilities for you and your mates. As for sights, you get plenty to choose from. Don't forget this is the largest district in the country, so save at least half a day to see your host town.

Visit the monuments, the historic villages and go on the many tours that the Lower Alentejo province has to offer. Go up in a balloon and gaze peacefully at the plains - it'll be an unforgettable experience. With your feet on the ground, find a way of getting to Mértola - why not go by canoe down the Guadiana River and get to know the Guadiana valley nature reserve? - to Monsaraz and to Serpa.

The best thing to do is to come for a few days, with plenty of time, so you can enjoy it all at your own pace. After all, this is a place where things are done slowly...

#### Odemira

##### **Pousada de Juventude de Almogrove**

###### **Youth Hostels**

**Address:** Rua do Chafariz - Almogrove 7630-017

###### **Odemira**

**Telephone:** +351 283 640 000 **Fax:** +351 283 647 035

**E-mail:** [almogrove@movijovem.pt](mailto:almogrove@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

###### **Timetable and reservations:**

8h00 - 12h00 / 18h00 - 24h00;

###### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 22; Double rooms: 18; Shared rooms: 18; Kitchen; Bicycle hire; Number of apartments: 2; Breakfast;

###### **Access:**

Outdoor parking;

###### **Accessibility:**

Disabled access;

Now this is one of the most popular Youth Hostels in the summer. Just a few kilometres away from Zambujeira do Mar -

where the annual Southwest Music Festival happens - the Youth Hostel of Almogrove is also close to a number of beaches, within the Parque Natural do Sudoeste Alentejano e da Costa Vicentina nature reserve. Here you can do surfing, bodyboarding and other sea sports. In the winter, all you need is a group of friends, a guitar and/or a surfboard for the fun to continue.

## Algarve

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### Alcoutim

#### **Pousada de Juventude de Alcoutim**

##### **Youth Hostels**

**Address:** Alcoutim 8970-022 Alcoutim

**Telephone:** +351 281 546 004 **Fax:** +351 281 546 332

**E-mail:** [alcoutim@movijovem.pt](mailto:alcoutim@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

##### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

##### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Sports field; Bar; Number of beds: 60; Double rooms: 14; Shared rooms: 8; Kitchen; Games room; Television room; Bicycle hire; Swimming-pool; Canoeing;

##### **Payments:**

Credit cards accepted;

Renovated in 2001, the Alcoutim Youth Hostel now has a swimming pool, which calls out for you to have a splash around in it, especially in the summer. Right next door, the Guadiana River draws the line between the hostel and Spain. About 40 km from Vila Real de Stº António, with a dazzling landscape, Alcoutim is the ideal place for you to spend a few days with some friends, catch some sun, appreciate the beauty of the inland area of the Algarve and do water sports such as canoeing on the Guadiana.

## Azores

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### Angra do Heroísmo

#### **Pousada de Juventude de Angra do Heroísmo**

##### **Youth Hostels**

**Address:** Negrito - São Mateus 9700-554 Angra do Heroísmo - São Mateus da Calheta

**Telephone:** +351 295 642 095 **Fax:** +351 295 642 095

**E-mail:** [pja.angra@oninet.pt](mailto:pja.angra@oninet.pt) **Website:**

<http://www.pousadasjuventude.pt>

##### **Timetable and reservations:**

9:30 - 13:00 / 15:30 - 24:00 ;

##### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 71; Shared rooms: 10; Kitchen; Lockers; Public telephone; Television room; Bicycle hire; Breakfast;

##### **Access:**

Outdoor parking;

##### **Accessibility:**

Disabled access;

Leaflets advertising this region ask the question: "Could this be God's address?" True, the Azores islands do have a mystical appeal to them. Ideal for melancholic souls in search of silence

and for those who want to look at the sea animals of the region, whales and dolphins, it is equally wonderful for more active types who prefer to go diving, fishing and hiking. The Youth Hostel in Angra do Heroísmo, on the island of Terceira, is your base from which you can set off to discover the history of this World Heritage town. Aren't these the holidays you've been dreaming about!? Well then, stop messing around and get on a plane, cos swimming will take too long.

## Centro de Portugal

### Abrantes

#### Pousada de Juventude de Abrantes

##### Youth Hostels

**Address:** Av. Eng<sup>o</sup> Adelino Amaro da Costa 2200-195

**Abrantes**

**Telephone:** +351 241 379 210 **Fax:** +351 241 379 211

**E-mail:** [abrantes@movijovem.pt](mailto:abrantes@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

##### **Timetable and reservations:**

8am - 12pm;

##### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 68; Double rooms: 18; Shared rooms: 8; Internet Access; Kitchen; Public telephone; Television room; Bicycle hire; Terrace; Breakfast;

##### **Access:**

Outdoor parking;

##### **Accessibility:**

Disabled access;

If you haven't got a clue where Abrantes is, just look at a map of Portugal and aim for the middle. The Youth Hostel in Abrantes is on a hill, between the town and the Tagus River, providing you with a range of good things to choose from. During your stay, we suggest you take three trips - to Tomar, to Constância and to Sardoal.

If you are more interested in the outdoor life, check out the Castelo de Bode Reservoir and have an invigorating swim in the lagoon off the River Zêzere, whilst breathing in the pure country air.

When you're back near the Youth Associations Support Center, try the wickedly tasty local cakes, but don't tell anyone, or you'll have to share them!

### Fundão

#### Pousada de Juventude da Mina - Fundão

##### Youth Hostels

**Address:** Cabeço do Pião, 6230-631 Silvares Fundão

**Telephone:** +351 275 657 603 **Fax:** +351 275 657 605

**E-mail:** [mina@movijovem.pt](mailto:mina@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

##### **Timetable and reservations:**

8am - 12am / 6pm - 12pm;

##### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 34; Shared rooms: 4; Lockers; Television room; Bicycle hire; Breakfast;

##### **Accessibility:**

Disabled access;

The Mina Youth Hostel - Fundão is new and it is located in a

beautiful mine village and boasts a unique industrial and residential archaeology!! You can also visit the Former Mine Mill of Panasqueira. But this isn't all! As it is so near River Zêzere you can do mountain biking, Rappel, Paintball, Climbing, Shooting, Rafting and much more! You can also visit the schist villages and the Palaeolithic cave paintings of Zêzere!

So, are you already on your way or what??

## Porto de Mós

### **Pousada de Juventude de Alvados - Porto de Mós Youth Hostels**

**Address: Barreira de Água ? Alvados 2480-032 Porto de Mós**

**Telephone: +351 244 441 202 Fax: +351 244 441 202**

**E-mail: [alvados@movijovem.pt](mailto:alvados@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

8am / 12pm;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Number of beds: 52; Double rooms:

18; Shared rooms: 10; Internet Access; Kitchen; Lockers;

Television room; Bicycle hire; Breakfast;

#### **Access:**

Outdoor parking;

#### **Accessibility:**

Disabled access;

In addition to the new facilities, there is much that you can do. Start by wandering off into the Parque Natural das Serras de Aire e Candeeiros or discover the Grutas de Alvados, Santo António and Mira de Aire, and how about being a speleologist for a day?! But this is not all. There are lagoons and loads of tracks for bike riding or walking! These are all without doubt good reasons for you to come over for a visit!

What are you waiting for then

## Porto and the North

### Melgaço

#### **Pousada de Juventude de Melgaço**

##### **Youth Hostels**

**Address: Complexo Desportivo Monte Prado 4960-320  
Melgaço**

**Telephone: +351 251 410 200 Fax: +351 251 410 209**

**E-mail: [melgaço@movijovem.pt](mailto:melgaço@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

8am / 12pm;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 62; Double

rooms: 7; Shared rooms: 12; Internet Access; Kitchen; Lockers;

Television room; Bicycle hire; Breakfast;

#### **Access:**

Outdoor parking;

#### **Accessibility:**

Disabled access;

Come and spend a few days in Melgaço and try out all that the Youth Hostel has to offer.

This new Youth Hostel integrates a sports complex boasting a

range of offers, so it is quite possible to come across your favourite European football team. Who knows?

Delight yourself with a good book under a shady pine tree of the Parque Natural da Peneda do Gerês or if you prefer come feel all the adrenaline of rafting in the River Minho.

At night, how about some entertainment in Caminha? There's lots to choose from to have fun!

## Vila Nova de Foz Côa

### **Pousada de Juventude de Foz Côa Youth Hostels**

**Address: Caminho Vicinal Currauteles, 5 5150 Vila Nova de Foz Côa**

**Telephone: +351 279 768 190 Fax: +351 279 768 191**

**E-mail: [fozcoa@movijovem.pt](mailto:fozcoa@movijovem.pt) Website:  
<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

08h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 84; Double rooms: 18; Shared rooms: 16; Internet Access; Kitchen; Public telephone; Bicycle hire; Terrace; Breakfast;

#### **Payments:**

Credit cards accepted;

#### **Accessibility:**

Disabled access;

Who hasn't heard of Foz Côa?

The Youth Hostel of Foz Côa, opened in 1999, is the best starting point for a visit to the archeological site of the Foz Côa valley, with its collection of 30 thousand year-old stone-age murals. A unique chance to find out what our ancestors were up to, and also to see a region with astonishing views and ideal conditions for doing adventure sports.