
Beaches

Alentejo

Vila Nova de Milfontes

Praia das Furnas - Vila Nova de Milfontes

Address: Vila Nova de Milfontes - Odemira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Small craft hire;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

To be found on the left bank of the River Mira near Vila Nova de Milfontes, Furnas Beach is a river beach with a strong sea influence. Throughout low tide, the beach extends beyond the mouth of the Mira with small sandy coves forming among the rocks.

Great for water sports enthusiasts, the Beach is a favourite for windsurfing, sailing or canoeing up river where the waters are significantly calmer.

Centro de Portugal

Abrantes

Praia fluvial da Aldeia do Mato

Address: Aldeia do Mato - Abrantes

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

Aldeia do Mato River Beach is located on the Castelo de Bode Dam reservoir, surrounded by lush nature where green and pinewood aromas prevail.

Endowed with support amenities that include floating pools and a campsite, this leisure area offers an array of activities which include facilities for water sports, such as rowing, canoeing and windsurfing. A boat tour of this wide lake is available for anyone wishing to get to know the area covered by the reservoir better.

Porto and the North

Macedo de Cavaleiros

Praia fluvial da Fraga da Pegada

Address: Albufeira do Azibo - Macedo de Cavaleiros

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

Located in the Protected Landscape area of the Azibo Reservoir, Fraga da Pegada River Beach offers excellent conditions for enjoying nature in full safety and tranquillity.

With complete support amenities, coupled with a microclimate with pleasant temperatures, its waters are ideal for swimming and other non-motorised water sports, such as rowing, windsurfing, canoeing and sailing. In the surrounding area, it is also possible to practice other activities, such as climbing, orienteering, walking or simply observing the lush surrounding vegetation and the fauna that includes a variety of birds that flock to this area.