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## Activities

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### Lisboa Region

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#### Setúbal

**InArrábida**

**Address:** Rua Álvaro Castelões, 76 2900-214 Setúbal

**Telephone:** +351 919 442 488 / 265 429 876

**E-mail:** geral@inarrabida.pt **Website:**

**http://www.inarrabida.pt**

**Activities:**

Boat Trips; Diving; Fishing; Walking; Paragliding; Nature watching; Whale watching; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Sailing; Orienteering; Birdwatching; Climbing; Paintball; Abseiling and Aerial slides; Parachutting; Observation of geology; Mountain Climbing; Potholing; Paddle surf; Trekking;

**Accessibility:**

Support products/services available: Visual impairment; Care skills: Visual impairment, Motor disability;

We are an incoming touristic agency which specializes in the region of Arrábida.

We work in synergy with the best operators of this region and put at your disposal a set of experiences which we are certain you will never forget.

#### Sintra

**Muitaventura**

**Address:** rua Marquês de Viana, nº 31, São Pedro 2710-516 Sintra.

**Telephone:** +351 211 931 636 / 967 021 248 / 925 722 239

**E-mail:** mail@muitaventura.com **Website:**

**http://www.muitaventura.com**

**Other informations:**

Registration No.: 59/2007;

**Activities:**

Boat Trips; Diving; Fishing; Walking; Paragliding; Nature watching; Bodyboard; Surfing; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Karting; Sailing; Orienteering; Target shooting; Windsurfing; Birdwatching; Ski; Snowboard; Horse-Riding; Climbing; Paintball; Off-road motorcycling; Abseiling and Aerial slides; Ballooning; Waterski; Parachutting; Observation of geology; Rafting; Mountain Climbing; Potholing; Canyoning; Motorbike rental; Bike hire;