
Activities

Boca do Lobo - Desporto e Aventura

Address: Caminho Nedeo, Rua da Lomba, 42 3740-213 Sever do Vouga

Telephone: +351 960 464 802

E-mail: boca.do.lobo.eventos@gmail.com **Website:** <http://www.bocadolobo.pt>

Other informations:

Teambuilding

Activities:

Boat Trips; Walking; Cycling; Off-roading; Boats for hire; Canoeing; Kayak; Karting; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Rafting; Mountain Climbing; Canyoning; Paddle surf; Trekking; Bike hire;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Motor disability; Care skills: Motor disability;

Epic Land

Address: Entroncamento R/C Dto, S/N 3350-087Vila Nova de Poiares

Telephone: +351 914 889 928 / 916 781 703

E-mail: geral@epicland.pt **Website:** <http://www.epicland.pt>

Activities:

Walking; Nature watching; Off-roading; Canoeing; Kayak; Orienteering; Target shooting; Climbing; Paintball; Abseiling and Aerial slides; Observation of geology; Mountain Climbing; Canyoning; Trekking;

Accessibility:

Activities accessible to people with disabilities; Support products/services available: Visual impairment, Hearing impairment, Motor disability; Care skills: Visual impairment, Hearing impairment, Motor disability, Mental disability;

The contact with nature in your radical adventure.

Madeira

Ilha da Madeira

Lokoloko

Address: Rua D. Francisco Santana (Hotel Galosol)9125-031 - Caniço de Baixo / Madeira

Telephone: +351 291 939 191

E-mail: info.lokoloko.madeira@gmail.com **Website:** <http://www.lokolokomadeira.com>

Activities:

Boat Trips; Diving; Fishing; Walking; Paragliding; Nature watching; Whale watching; Bodyboard; Surfing; Cycling; Kayak; Karting; Windsurfing; Climbing; Paintball; Abseiling and Aerial slides; Observation of geology; Canyoning; Parasailing; Paddle surf; Trekking; Bike hire;

Lokoloko is an outdoor company, founded in 2010 aiming to promote Madeira's great variety in outdoor activities and possibilities.

The passionate guides are specialized in Mountain Biking (XC, AM and Enduro), Canyoning and Kayak and will take you on amazing trips all over the island.

But also Walking, Dolphin watching, Jeep safaris, Excursions, Surfing and Paragliding are among their extensive offer.

Lokoloko guarantees diversity and safe fun, but above all, an unique experience in Madeira!

Porto and the North

Castelo de Paiva

Out of Town (Outdoor Activities)

Address: Lugar de Talas, Fornos 4450-406 Castelo de Paiva

Telephone: +351 934 374 846

E-mail: outoftownhostel@gmail.com **Website:**

<http://www.outoftownhostel.com>

Activities:

Boat Trips; Walking; Canoeing; Sailing; Waterski; Canyoning; Paddle surf; Trekking; Wakeboard;

Accessibility:

Care skills: Visual impairment, Motor disability, Mental disability;

The Out of Town - Outdoor Activities was born as a place for sharing, where you can practice an active lifestyle, in a perfect balance with nature. We are located in Castelo de Paiva, a strategic place for a city break, it is only 55km from Oporto and 2km from the River Douro. With us you can practice outdoor activities, mainly water sports, in a enjoyable and fun way. We also offer packages for groups (schools or team building), making sure that you will spend a lovely day. We offer accommodation in a rustic environment!! Hope to see you soon

Porto

Trilhos Rurais

Address: Rua Conde de Vizela, 82 1º esq.

Frente4050-639 Porto

Telephone: +351 913 355 513

E-mail: geral@trilhosrurais.pt **Website:**

<http://www.trilhosrurais.pt>

Activities:

Walking; Nature watching; Off-roading; Canoeing; Kayak; Orienteering; Climbing; Observation of geology; Rafting; Mountain Climbing; Canyoning; Trekking;

Trilhos Rurais is a tourist entertainment company based in Porto, operating in the market as an agent for the promotion of bringing people closer to nature and history in the Entre Douro e Paiva and the Baixo Tamega regions, with a particular focus on the towns of Arouca, Cinfães, Amarante and Baião.

Our know-how and experience provides for suggestions and solutions for activities geared to adventure, education or pure leisure in partnership with nature, with a number of options to choose from, both consolidated and tailor-made to specific needs.

Santa Maria da Feira

Mente Desportiva

Address: Rua da Lagoinha, 11394535-360 Santa Maria de Lamas

Telephone: +351 936 991 650

E-mail: info@mentedesportiva.pt **Website:**

<http://www.mentedesportiva.pt>

Activities:

Walking; Climbing; Abseiling and Aerial slides; Mountain Climbing; Canyoning; Trekking;

Accessibility:

Support products/services available: Mental disability; Care skills: Mental disability;

Mente Desportiva, provides services of training and mountain activities guide. By technicians with special training in physical activity and adventure sports with recognized certification. We represent our image with a young and enterprising mentality.

Through adventure programs we promote active tourism in the national territory, essentially in the north and center of the country, with a constant focus in conservation of the environment, promoting good practices in safety, as a healthy lifestyle and contact with nature.