

# Accommodation

## Algarve

### Lagos

#### **Cascade Wellness & Lifestyle Resort - Apartamentos Turísticos**

**Tourist Apartments / \*\*\*\*\***

**Address: Rua das Ilhas 8600-513 Lagos**

**Telephone: +351 282 771 500 Fax: +351 282 711 599**

**E-mail: info@cascade.pt Website:**

**http://www.cascaderesortalgarve.com**

#### **Characteristics and Services:**

Central heating; Baby Sitting; Bar; Swimming-pool; Number of beds: 154; Number of apartments: 57; Air conditioning; Games room; Internet Access; Pets allowed; Reserved area for non-smokers; Sauna; Restaurant; Gymnasium; Jacuzzi; Tennis courts; Indoor swimming-pool; Reserved area for smokers; Gay friendly; Smoke free; Laundry service; SPA; Paddling pool; Garden;

#### **Access:**

Outdoor parking; Buses; Covered garage; Transfer service; Bike friendly;

#### **Room facilities:**

Internet access in room; Telephone in room; Steel safe in room; Television in room; Hair dryer in room; Air conditioning in room; Heating in room;

#### **Payments:**

Credit cards accepted; Target price: \$\$\$\$ (>90€);

#### **Timetable:**

Breakfast timetable: 7h30-11h00; Room service timetable: 24h;

#### **Accessibility:**

Disabled access; Reserved parking spaces; Accessible route to the entrance: Total; Accessible entrance: Total; Reception area suitable for people with special needs; Accessible circulation inside: Total; Accessible areas/services: Bedrooms, Meeting rooms, Restaurant, Bar/Café, Patio, Swimming pool, Gym, Spa;

Cascade Wellness & Lifestyle Resort is one of the most luxurious 5 star hotels in the Algarve, offering a fantastic holiday destination, the hotel is located in the historic city of Lagos, in Portugal, within walking distance to Porto de Mós e Dona Ana Beach, distinguished by Condé Nast Traveller as one of the 50 best beaches in the world, and to the Ponta da Piedade lighthouse, where you can enjoy breathtaking views of the Algarve coastline and the Atlantic Ocean. The hotel is divided into four individually decorated wings, each reflecting the expeditions of Portuguese navigators across four continents - Europe, Africa, Asia and South America, which is reflected in the tasteful décor of the rooms and suites. Families may also enjoy all the privacy and functionality of our One and Two Bedroom Apartments or even a luxury Holiday Villa with its very own private swimming pool. An extremely passionate team offering the world-renowned Portuguese hospitality and an impeccable service awaits you at Cascade Wellness & Lifestyle Resort. Sip a cocktail as you immerse yourself in two splendid swimming pools, one of which with a natural sand bottom, sample a world-class culinary experience with our restaurants Moods and Senses, offering all-day-dining and a-la-carte options under the expert guidance of our very creative Chefs or simply unwind in an authentic oasis of tranquility - Tainai Spa, offering a large range of wellness programs as well as its very own heated

#### **Vila Mós Apartamentos Turísticos**

**Tourist Apartments / \*\*\*\*\***

**Address: Sitio do Porto de Mós- Lagos 8600-282 Lagos**

**Telephone: +351 282 768 286 Fax: +351 282 761 572**

**E-mail: info@miralagos.pt**

#### **Other informations:**

Registration No.: 1640

#### **Characteristics and Services:**

Baby Sitting; Bar; Swimming-pool; Number of beds: 166; Number of apartments: 64 T1; Air conditioning; Television room; Internet Access; Reserved area for non-smokers; Sauna; Restaurant; Gymnasium; Shops;

#### **Room facilities:**

Telephone in room; Steel safe in room; Television in room; Hair dryer in room; Air conditioning in room;

#### **Access:**

Buses;

#### **Payments:**

Credit cards accepted; Target price: \$\$\$\$ (>90€);

#### **Accessibility:**

Disabled access;

Portugal southern west coast line has been for many years a favourite holiday destination. Long sandy beaches between cliffs, lapped by crystal clear waters, makes the Algarve one of Portugal's greatest treasures, a province where endless blue skies grace the sea and the countryside trimmed by golden shores. Located in this privileged and magnificent scenery, at the unspoiled western Algarve, you can find the new Apart-Hotel "VILA MÓS" set on a hillside overlooking the beautiful beach of Porto de Mós, just one hour's drive from Faro International Airport and 5 minutes from the historic town of Lagos. "VILA MÓS" is a large complex, with a great selection of services, where the comfort and leisure are peacefully in harmony. The Apart-Hotel nestles amongst its landscaped gardens, with palm trees and a children's play ground, which invites you to an unforgettable stroll along the hillside. At the beautiful swimming pool, surrounded by palm trees, our guests can relax, swim, sunbathe or simply enjoy the view while taking a tropical cocktail or a light snack. Our Restaurant offers a friendly service in a pleasant and comfortable ambiance, with a wide choice of cooking styles and dishes. "VILA MÓS" has a range of sporting facilities on offer, including a tennis court, health club with gymnasium, jacuzzi and sauna. During the summer our guests have also the opportunity to enjoy a variety of water sports at the beach. Our Reception with a warm welcoming ambiance offers a wide range of extra services, such as: car hire, baby sitting, planning and booking of tours, boat trips, horse riding or discounted green fees at local golf courses.

"VILA MÓS" has a total of 64 Apartments comfortably decorated. All these modern apartments are well equipped with kitchen or kitchenette, air conditioning, satellite-TV, telephone, and large balconies offering a variety of fantastic views over the sea, the swimming pool or the gardens.

swimming pool, Jacuzzi, sauna and treatment rooms. At the sports level, Cascade Resort has been nominated for best resort and sports academy for already five consecutive years, and at your disposal we have three academies: Elite Golf Academy (Golf), Estima Sports (Football) and Elite Tennis Algarve (Tennis). Other facilities include a fully equipped gym with Technogym®, Cascade Gym by AXN Club 100, with indoor and outdoor areas, as well as classes such as bootcamp, pilates, yoga, functional training, among others.