

## Beaches

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### Lisboa Region

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#### Sesimbra

**Praia do Meco ou do Moinho de Baixo**

**Address:** Meco - Sesimbra

**Characteristics and Services:**

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-19 °C; Restaurant; Naturism; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

**Activities:**

Surfing; Bodyboard;

**Accessibility:**

Accessible beach;

Right by the village of Meco, which provides its most popularly used name, Moinho de Baixo Beach was one of the first to establish a duly signposted and authorised area for naturism over an area that covers the Tramagueira Beach through to the Rio (...)