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# Beaches

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## Alentejo

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### Gavião

#### **Praia fluvial da Quinta do Alamal**

**Address:** Gavião

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

The Quinta do Alamal river beach is part of a stunning setting on the banks of the River Tagus. It belongs to a leisure complex which, in addition to support amenities for the bathing area, also has an Adventure Centre offering various activities (...)

### Mértola

#### **Praia fluvial da Tapada Grande**

**Address:** Albufeira da Barragem da Tapada Grande - Mértola

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

Located in the peaceful environment of the Tapada Grande Dam reservoir, the river beach of the same name is a very pleasant leisure area, with sand, grassed areas and a full support infrastructure. Close by is the village of Minas de São Domingos, (...)

### Mourão

#### **Praia fluvial de Mourão**

**Address:** Albufeira do Alqueva - Mourão

**Characteristics and Services:**

Outdoor parking; Average seawater temperature in summer (°C): 26; Security or Surveillance; EEC Blue Flag; Sunshade rental;

**Accessibility:**

Accessible beach;

Located in the middle of Alqueva estuary, the Mourão river beach spans 320 metres, of which 100 are monitored by lifeguards. The beach also has a grass area with parasols, a floating pool for children, floating platform with diving tower, steps for (...)

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## Odemira

### Praia fluvial de Santa Clara

**Address:** Albufeira da Barragem de Santa Clara - Odemira

**Characteristics and Services:**

Outdoor parking; Security or Surveillance; EEC Blue Flag;

**Activities:**

Windsurfing; Kitesurfing;

The Santa Clara river beach is located near the reservoir dam which is located in the vicinity of the village of Santa Clara-avelha. The bathing area includes a floating platform and supporting facilities, and various water sports can be enjoyed (...)

## Reguengos de Monsaraz

### Praia fluvial de Monsaraz

**Address:** Albufeira do Alqueva - Monsaraz

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

**Activities:**

Volleyball;

Inserted in the Nautical Centre of Monsaraz and in the heart of the Alqueva estuary, the Monsaraz river beach has an excellent infrastructure, providing visitors with all the support they might need. With lawn and sand areas, a picnic area and a (...)

## Vila Nova de Milfontes

### Praia da Franquia - Vila Nova de Milfontes

**Address:** Vila Nova de Milfontes - Odemira

**Characteristics and Services:**

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

**Activities:**

Windsurfing;

**Accessibility:**

Accessible beach;

Right by Vila Nova Milfontes, one of the most popular resorts on the Alentejan coastline, Franquia Beach is separated from the adjoining Farol Beach by a rocky outcrop. This river beach provides the ideal water conditions for children, as well as, (...)

### Praia das Furnas - Vila Nova de Milfontes

**Address:** Vila Nova de Milfontes - Odemira

**Characteristics and Services:**

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Small craft hire;

**Activities:**

Windsurfing; Sailing;

**Accessibility:**

Accessible beach;

To be found on the left bank of the River Mira near Vila Nova de Milfontes, Furnas Beach is a river beach with a strong sea influence. Throughout low tide, the beach extends beyond the mouth of the Mira with small sandy coves forming among the (...)

## Algarve

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## Alcoutim

### Praia fluvial do Pego Fundo

**Address:** Alcoutim

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Sunshade rental; Showers;

**Accessibility:**

Accessible beach;

Located close to Alcoutim, in inland Algarve, Pego Fundo River Beach is a very pleasant space, surrounded by lush vegetation. This bathing area, fed by Ribeira de Cadavais, has calm waters and full amenities that include a garden, a volleyball field (...)

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## Centro de Portugal

### Abrantes

#### Praia fluvial da Aldeia do Mato

**Address:** Aldeia do Mato - Abrantes

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

**Activities:**

Windsurfing; Sailing;

**Accessibility:**

Accessible beach;

Aldeia do Mato River Beach is located on the Castelo de Bode Dam reservoir, surrounded by lush nature where green and pinewood aromas prevail. Endowed with support amenities that include floating pools and a campsite, this leisure area offers an (...)

### Arganil

#### Praia fluvial da Benfeita

**Address:** Benfeita - Arganil

**Characteristics and Services:**

Bar; Showers;

**Accessibility:**

Accessible beach;

The River beach of Benfeita can be found in the centre of Benfeita, which is a schist village. The river beach is at the point where the Ribeira da Mata and Ribeira do Carcavão meet, in the municipality of Arganil. This bathing area has a sandy (...)

#### Praia fluvial de Coja

**Address:** Coja - Arganil

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

Coja river beach is situated in a quiet and beautiful landscape on the banks of the Alva River, where several dams were built that

#### Praia fluvial de Fontes

**Address:** Cabeça Ruiva - Fontes - Abrantes

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

Situated in Cabeça Ruiva next to the reservoir at the Castelo de Bode dam, the River beach of Fontes also features a floating pool. This beach has good facilities and is about 4 km from the village of Fontes from which it gets its name, and 30 km (...)

#### Praia fluvial da Cascalheira - Secarias

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

Cascalheira river beach is located on the banks of the River Alva, 500 metres from the town of Secarias, which in turn is only 3.5 km from the village of Arganil (county seat). This beach, which also has a picnic area, is set in an area with a (...)

#### Praia fluvial de Piódão

**Address:** Piódão - Arganil

**Characteristics and Services:**

Outdoor parking; Security or Surveillance; EEC Blue Flag; Showers;

Piódão river beach is located next to the historical village that gives it its name and whose houses, built with shale, dot the slopes of the Serra do Açor in a setting that resembles a baby's crib. Shale is an abundant rock in this region (...)

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gave rise to the water mirrors that exist here. With conditions suitable for various recreational activities and a (...)

### **Praia fluvial de Pomares**

**Address:** Arganil

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Showers;

**Accessibility:**

Accessible beach;

**Activities:**

Football; Volleyball;

On the banks of the Ribeira da Moura, Pomares river beach is located next to the village that lends it its name, about 29 km from Arganil (the county seat). Within an area of great scenic beauty, next to an eighteenth-century bridge and (...)

## **Coimbra**

### **Praia fluvial de Palheiros e Zorro - Coimbra**

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag;

**Accessibility:**

Accessible beach;

Situated about 15km from Coimbra, in the parish of Torres de Mondego, the Palheiros & Zorro River Beach has white sand and is a highly sought after recreational area, in a zone of outstanding natural beauty. The beach has comprehensive support (...)

## **Góis**

### **Praia Fluvial da Peneda/Pego Escuro - Góis**

**Address:** Góis

**Characteristics and Services:**

Bar; Restaurant; Security or Surveillance; EEC Blue Flag;

**Accessibility:**

Accessible beach;

Located in Góis, and with quick access to the historic centre of the town, the Peneda/Pego Escuro River Beach has an extensive grassed area on the banks of the River Ceira, and good support facilities. Surrounded by an imposing landscape with (...)

### **Praia fluvial de Canaveias**

**Address:** Canaveias - Góis

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

Canaveias river beach is situated on the banks of the Ceira River, about 6 km from Góis. It has ample grassy areas and excellent support facilities, and also a playground and a camp site, making it the perfect place to rest and get back in (...)

## **Guarda**

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### **Praia fluvial de Aldeia Viçosa**

**Address:** Aldeia Viçosa - Guarda

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Showers;

**Accessibility:**

Accessible beach;

In an idyllic setting, Aldeia Viçosa River Beach was named after the small neighbouring village. Located in a valley formed by the River Mondego, this beach has excellent conditions and is a much appreciated leisure area, bathed by the crystal (...)

### **Praia fluvial de Valhelhas**

**Address:** Valhelhas - Guarda

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

Right in the middle of the Serra da Estrela Natural Park, Valhelhas River Beach takes advantage of the River Zêzere in an area of great landscape beauty. This beach is a leisure complex endowed with excellent support amenities, offering good (...)

## **Lousã**

### **Praia fluvial da Bogueira**

**Address:** Casal de Ermio - Lousã

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

Close to the village of Casal de Ermio, in the municipality of Lousã, Bogueira River Beach is located amidst breathtaking scenery, where you can enjoy nature in total safety and tranquillity. This leisure area by the River Ceira is part of the (...)

### **Praia fluvial da Senhora da Graça**

**Address:** Lousã

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

Also known as Serpins, the parish to which the beach belongs and which is about 9 km from Lousã (the county seat), the Senhora da Graça river beach is situated on the banks of the River Ceira. Surrounded by the green landscape of the Serra da (...)

### **Praia fluvial da Senhora da Piedade**

**Address:** Serra da Lousã (Ribeira de São João)

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

Located in a beautiful natural landscape, the Senhora da Piedade river beach takes its name from the small hermitage located nearby and that stands out on the slope of the Serra da Lousã, right in front of Arouce Castle (also called Lousã Castle), (...)

## **Mação**

### **Praia fluvial do Carvoeiro**

**Address:** Carvoeiro - Mação

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

Carvoeiro River Beach is situated on the river of the same name that crosses the village, some 25km northeast of the town of Mação, the seat of the municipality. Ideal for resting in an environment where the air is pure and constantly renewed by (...)

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## Murtosa

### Praia do Bico (Murtosa)

**Address:** Canal da Murtosa / Ria de Aveiro - Murtosa

**Characteristics and Services:**

Outdoor parking; Bar; Average seawater temperature in summer (°C): 18; Security or Surveillance; EEC Blue Flag; Sunshade rental;

**Accessibility:**

Accessible beach;

Located on one of the canals of the Ria de Aveiro - Murtosa Canal - and with its fine sands, the mid-sized Bico river beach is a mixture of river and estuary beach. In an area where rural and urban environments intersect, it is an easily (...)

## Oleiros

### Praia fluvial de Açude Pinto

**Address:** Oleiros

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Showers;

**Accessibility:**

Accessible beach;

**Activities:**

Volleyball;

Located in the town of Oleiros, on the banks of the stream sharing the same name, the Açude Pinto river beach is a much-appreciated leisure area with good accessibility conditions and complete support facilities, including a picnic area, playground (...)

## Oliveira do Hospital

### Praia de Alvoco das Várzeas - Oliveira do Hospital

**Address:** Alvoco das Várzeas - Oliveira do Hospital

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; EEC Blue Flag;

**Accessibility:**

Accessible beach;

The location of Alvoco das Várzeas river beach, in a green valley on the banks of the River Alvoco, by a mediaeval bridge and overlooking the Serra da Estrela, offers the ideal setting for some moments of relaxation. To complement its fine natural (...)

### Praia fluvial de São Sebastião da Feira

**Address:** Oliveira do Hospital

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Sunshade rental; Showers;

**Accessibility:**

Accessible beach;

**Activities:**

Volleyball;

Located in the county of Oliveira do Hospital, on the right bank of the River Alva, the river beach of São Sebastião da Feira is an area of great natural beauty where green is the predominant colour. This river beach has broad sands and good (...)

### Praia fluvial de Avô - Ilha do Picoto

**Address:** Avô - Ilha do Picoto - Oliveira do Hospital

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

The Avô river beach is located next to the village that gives it its name, in an area of great natural beauty where the Alva River meets the Ribeira de Pomares, forming the island of Picoto. This beach area has ample spaces with sand and grass, and (...)

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## Ourém

### **Praia fluvial do Agroal**

**Address:** Formigais - Ourém

**Characteristics and Services:**

Bar; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

Located in the middle section of the Nabão River, Agroal river beach lies in the parish of Formigais, in the district of Ourém. Inserted in a verdant area of great natural beauty, this river beach has good support facilities and is very (...)

## Ovar

### **Praia do Areinho**

**Address:** Torrão do Lameiro - Óvar

**Characteristics and Services:**

Outdoor parking; Bar; Average seawater temperature in summer (°C): 19; Security or Surveillance; EEC Blue Flag;

Located in the area flanking the Ria de Aveiro, next to the EN 327, the beach of Areinho has a small quiet and cosy sandy beach. With facilities like a bar and restaurant, during the bathing season this beach also offers the chance to hire other (...)

## Pampilhosa da Serra

### **Praia de Santa Luzia - Pampilhosa da Serra**

**Address:** Barragem de Santa Luzia - Pampilhosa da Serra

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag;

Surrounded by green hills and towering rock formations, the Santa Luzia Dam forms a huge lake with calm waters that are ideal for boating. During the summer season, there's a floating pool that allows everyone to swim and enjoy the freshness of (...)

### **Praia Fluvial de Janeiro de Baixo - Pampilhosa da Serra**

**Address:** Janeiro de Baixo - Pampilhosa da Serra

**Characteristics and Services:**

Bar; Security or Surveillance; EEC Blue Flag;

**Accessibility:**

Accessible beach;

Situated on the banks of the River Zêzere, Janeiro de Baixo, which belongs to the Schist Villages network, has a beautiful river beach framed by lush green landscape that guarantees freshness on hot summer days. Apart from the extensive sandy beach, (...)

### **Praia do Pessegueiro - Pampilhosa da Serra**

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag;

**Accessibility:**

Accessible beach;

In the village of Pessegueiro, near Pampilhosa da Serra, the river beach of the same name is in an area of outstanding natural beauty. Its grassy and wooded rest and recreation areas provide shade on even the hottest days. This river beach provides a (...)

### **Praia fluvial de Pampilhosa da Serra**

**Address:** Pampilhosa da Serra

**Website:** <http://www.cm-pampilhosadaserra.pt/pt/go/praias-fluviais>

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

Located right in the centre of the village of Pampilhosa da Serra, on the banks of the Unhais River, this river beach has many green areas, which, combined with the surrounding landscape, make for a highly tranquil setting. In addition to the (...)

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## Penacova

### Praia fluvial de Reconquinho - Penacova

**Address:** Penacova

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag;

**Accessibility:**

Accessible beach;

Located on the River Mondego, Reconquinho river beach is about 1.5km from the town of Penacova, from which it is easily accessible, by walking down a hill. Surrounded by a predominantly green natural landscape, the beach is close to a campsite and (...)

### Praia fluvial do Vimieiro

**Address:** Penacova

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag;

Near Penacova, on the banks of the Alva River, the Vimieiro river beach is a very pleasant place amidst leafy vegetation. A water mill provides a picturesque note. With good support facilities and a picnic area, this beach is the ideal place to keep (...)

## Penela

### Praia fluvial da Louçainha

**Address:** Penela

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers;

**Accessibility:**

Accessible beach;

Comprising several natural weirs of different depths, Louçainha River Beach [Praia fluvial da Louçainha] is located in the Espinhal Mountain, a green spot where absolute tranquillity prevails. Ideal for resting, this leisure area, part of the (...)

## Seia

### Praia fluvial de Lapa dos Dinheiros

**Address:** Seia

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag;

**Accessibility:**

Accessible beach;

In the heart of Serra da Estrela, Lapa dos Dinheiros river beach takes its name from the nearby village and is situated on the Caniça River which is a tributary of the Alva River. This river beach, with good support facilities, is fully part (...)

### Praia fluvial de Loriga - Seia

**Address:** Loriga - Seia

**Characteristics and Services:**

Bar; Security or Surveillance; EEC Blue Flag;

**Accessibility:**

Accessible beach;

This beach is right inside the Serra da Estrela Natural Park, in the Loriga glacial valley, traces of which are still visible. The pure, crystal clear waters of Loriga River Beach come from a spring in the mountains, and it is surrounded by a (...)

## Sertã



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### **Praia fluvial da Ribeira Grande**

**Address:** Sertã

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; Showers;

**Accessibility:**

Accessible beach;

Located right in the centre of the village of Sertã, Ribeira Grande river Beach combines the best of nature with the benefits of being in an urban environment, with all support facilities nearby. Equipped with sand areas and grass spaces, this beach (...)

### **Praia fluvial do Troviscal**

**Address:** Sertã

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

Located next to Troviscal Bridge, on the banks of the Ribeira da Sertã, the Troviscal river beach is far from any town, making it a great place to enjoy peace and quiet in natural surroundings. The beach area does have support facilities, with (...)

## **Sever do Vouga**

### **Praia fluvial da Quinta do Barco**

**Address:** Paradela do Vouga - Sever do Vouga

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

In a natural setting of great beauty, Quinta do Barco River Beach is located on the left bank of the River Vouga, close to the village of Paradela do Vouga. The leisure area has amenities which allow the full enjoyment by all of this pristine (...)

## **Vila de Rei**

### **Praia fluvial do Bostelim**

**Address:** Vila de Rei

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

**Accessibility:**

Accessible beach;

Located in the district of Vila de Rei, the Bostelim river beach is near the town of Cabeço do Poço, in the parish of Fundada, on the road towards São João do Peso. With sand and lawn areas, this river beach is fully equipped with support (...)

## **Porto and the North**

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### **Braga**

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### **Praia fluvial de Adaúfe**

**Address:** Adaúfe - Braga

**Characteristics and Services:**

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Security or Surveillance; EEC Blue Flag; Small craft hire;

**Accessibility:**

Accessible beach;

**Activities:**

Volleyball;

Situated in an area of great natural beauty on the banks of the Cávado River, the Adaúfe river beach extends for about 200 metres. It includes a sandy area and a large grassy area, connected by accessible pedestrian paths. The beach offers (...)

### **Praia Fluvial de São Paio Merelim - Braga**

**Address:** São Paio de Merelim - Braga

**Characteristics and Services:**

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15; Security or Surveillance;

**Accessibility:**

Accessible beach;

The Merelim river beach is situated on the banks of the Cávado River, about 100 metres downstream from Ponte do Bico. With support facilities, picnic area and children's playground, this beach area is a pleasant space that is very popular on hot (...)

## **Caminha**

### **Praia fluvial das Azenhas - Vilar de Mouros**

**Address:** Vilar de Mouros (Caminha)

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag;

Surrounded by an area classified as part of Natura 2000, the Azenhas River Beach is located in the heart of the Coura River, in a setting known for its cool temperature and great beauty where the "Azenhas" (from the Portuguese word for (...))

## **Fafe**

### **Praia fluvial da Albufeira da Queimadela**

**Address:** Albufeira da Barragem de Queimadela - Fafe

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Showers;

**Accessibility:**

Accessible beach;

In the Fafe district, the Queimadela Dam lagoon, fed by the waters of the Vizela River, is an excellent leisure area with conditions for non-polluting water sports. The river beach here boasts good support facilities that include access and support (...)

## **Freixo de Espada à Cinta**

### **Praia fluvial da Congida**

**Address:** Freixo de Espada à Cinta

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

Surrounded by the lush nature of the Douro Internacional Natural Park, Congida River Beach is located on the large reservoir formed by the Saucelle Dam, close to the border with Spain. The beach belongs to a leisure complex that includes a floating (...)

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## Macedo de Cavaleiros

### Praia fluvial da Fraga da Pegada

**Address:** Albufeira do Azibo - Macedo de Cavaleiros

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

**Activities:**

Windsurfing; Sailing;

**Accessibility:**

Accessible beach;

Located in the Protected Landscape area of the Azibo Reservoir, Fraga da Pegada River Beach offers excellent conditions for enjoying nature in full safety and tranquillity. With complete support amenities, coupled with a microclimate with pleasant (...)

### Praia Fluvial da Ribeira

**Address:** Albufeira do Azibo - Macedo de Cavaleiros

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

**Accessibility:**

Accessible beach;

Set in the beautiful natural landscape of the Albufeira do Azibo, Praia da Ribeira is a very pleasant fluvial beach and leisure area where in summer the water normally has a temperature of more than 24°C at the surface. With a multi-purpose grassed (...)

## Marco de Canaveses

### Praia de Bitetos - Marco de Canaveses

**Address:** Várzea do Douro - Marco de Canaveses

**Website:** <https://www.cm-marco-canaveses.pt/index.php?info=YTo0OntzOjQ6Im1lbnUiO3M6MzoiY2FtIjtzOjM6Im1pZCI7YT01OntpOjA7czoxOjE7czoyOjE3MSI7aToyO3M6MjoiMzMiO2k6MztzOjM6IjE3OSI7aTo0O3M6MzoiMzEyljt9czozOijjaWQiO3M6MzoiMzEyljtzOjEzOij2ZXJzYW9fdGFiZWxhljtzOjY6Im9ubGluZSI7fQ%3D%3D>

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Showers;

**Accessibility:**

Accessible beach;

In the middle of the Douro River, in the Marco de Canaveses district, the Bitetos river beach is located in a place that used to be used as a jetty by the rabelo boats that transported the wine barrels between the farms and the cellars of Vila Nova (...)

## Mirandela

### Praia fluvial do Parque Dr. José Gama

**Address:** Mirandela

**Website:** <http://www.visitmirandela.com>

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag;

**Accessibility:**

Disabled access;

**Activities:**

Volleyball;

With access from Mirandela town centre, the River Beach of Dr José Gama is a leisure area with good support facilities. It stretches for over 100 meters along the banks of the River Tua. This beach is set in a park with over 3 km of green, (...)

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## Ponte da Barca

### **Praia fluvial do Rio Lima**

**Address:** Ponte da Barca

**Characteristics and Services:**

Outdoor parking; Bar; Restaurant; Showers; Small craft hire;

Surrounded by a beautiful landscape, the Lima River Beach is located on the riverfront area of Ponte da Barca. The beach has sandy and grassy zones, and an area is set aside for bathing with excellent safety conditions. Around the beach, there are (...)

## Póvoa de Lanhoso

### **Praia fluvial de Verim**

**Address:** Póvoa de Lanhoso

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Showers;

**Activities:**

Volleyball;

On the banks of the Cávado River, the Verim river beach is an area of great natural beauty. This beach area has a picnic area and excellent support facilities, which include an amphibious wheelchair so that people with reduced mobility can also (...)

## Vale de Cambra

### **Praia fluvial de Burgães - Rio Caima**

**Address:** Vale de Cambra

**Characteristics and Services:**

Outdoor parking; Bar; Security or Surveillance; Sunshade rental;

**Accessibility:**

Accessible beach;

**Activities:**

Football; Volleyball;

The Burgães River Beach is located on the banks of the Caima River in the municipality of Vale de Cambra. With a sandy zone and a grassed area, this beach, which is a very pleasant recreational area, is nestled in a picturesque setting and offers (...)