
Beaches

Alentejo

Odemira

Praia de Almogrove

Address: Odemira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

Part of the Sudoeste Alentejano e Costa Vicentina Natural Park, Almogrove Beach is one of the best beaches along this rocky, coastline with its many inlets. In addition to the broad sands surrounded by reddish cliffs and dunes, there are support (...)

Santiago do Cacém

Praia da Costa de Santo André

Address: Santiago do Cacém

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

Right by Santo André Lagoon, and part of a Nature Reserve, the Costa de Santo André Beach is a long stretch of sand with the Atlantic Ocean on one side and the calm waters of the lagoon on the other. Surrounded by golden dunes, this beach with its (...)

Sines

Praia Grande de Porto Covo

Address: Sines

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Diving; Bodyboard;

Part of the Sudoeste Alentejano e Costa Vicentina Natural Park, Porto Covo was a small fishing village that prospered during the 20th century while holding onto all the quiet charm of its rows of immaculately whitewashed houses against which the sea (...)

Tróia

Praia de Troia-Galé

Address: Troia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-19; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Under concession by Troia Resort, Troia-Galé Beach is the furthest from the complex and perhaps for this reason is less busy than its neighbours. With a wide sandy stretch bathed by a calm sea, this is a very beautiful beach offering stunning views (...)

Zambujeira do Mar

Praia da Zambujeira do Mar

Address: Odemira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Part of the Costa Vicentina e Sudoeste Alentejano Natural Park, Zambujeira do Mar Beach is surrounded by tall cliffs that offer wonderful panoramic views out over the ocean. The frequently strong waves breaking on this beach provide quality (...)

Algarve

Albufeira

Praia da Falésia - Açoteias / Alfamar

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

With its backdrop made up of a long cliff coloured in hues of red, copper and gold, and of particular beauty as the afternoon draws to a close, this far-reaching extent of sand covers the kilometres between Olhos de Água and Vilamoura incorporating (...)

Praia de São Rafael

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Owing its name to the nearby tourist resort, São Rafael Beach is

Praia da Oura

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

Very close to Albufeira, and right in the heart of one of the Algarve's most popular areas, the Oura Beach has all every aspect necessary for some wonderful holidays down by the sea. The sea is calm and ideal for relaxation or sports such as (...)

Praia do Castelo - Guia

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

flanked by cliffs with its sands dotted with a few isolated rocks with more jutting out of the sea to create a very picturesque effect.

With excellent conditions and a good range of (...)

Praia do Evaristo

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Very small and huddled between truncated spurs, Evaristo Beach owes its name to the famous restaurant to be found here.

With access gained via the village of Galé, this Beach is an excellent choice for holidaymakers and attracts many of the most (...)

Praia Maria Luísa

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

With access from the Olhos de Água village or the Quinta da Balaia tourist resort, the Maria Luísa Beach is characterised by the surrounding cliffs with their tones of ochre through to gold contrasting with the blue of the sea.

The beach has a (...)

Aljezur

Praia do Monte Clérigo

Address: Aljezur

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-21 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Diving; Bodyboard;

Accessibility:

Accessible beach;

Located next to the fishing village of Monte Clérigo, this similarly named Beach lies around 10 kilometres from the town of Aljezur with easy access via the tarmac road leading to the ramps and stairways down to the beach itself.

The spacious (...)

Very small and welcoming, Castelo Beach is enclosed by large rocks in curious formations with one such display at the eastern end of the beach forming a castle shape, hence the Beach's name. Located just a few kilometres from Albufeira, the Beach (...)

Praia do Túnel ou Peneco

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

With access via a tunnel connecting with the city centre, Peneco or Túnel Beach is located at the long stretch of sand running the length of Albufeira. At the far west of the beach, there is a promenade perfect for a pleasant stroll and providing (...)

Faro

Praia da Ilha da Barreta / Ilha Deserta

Address: Ria Formosa - Faro

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 20-24 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

The mostly southerly point of the Portuguese mainland, the Ilha da Barreta or Deserta is one of the island-barriers of the Ria Formosa Natural Park forming a divide between the marshes and the sea. Accessible only via ferry service (available (...))

Lagoa

Praia da Senhora da Rocha

Address: Porches - Lagoa

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Accessibility:

Accessible beach;

Set back between tall cliffs, Senhora da Rocha Beach is a small area of sand with a calm and clear sea, ideal for both swimming or as a departure point for boat excursions along the coast to discover the nearby grottoes.

To the west, the beach (...)

Lagos

Meia Praia

Address: Lagos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing; Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

One of the most famous of the Lagos region, Meia Praia runs over some 5 kilometres of sand between the Marina and the Alvor estuary, with the eastern extent known as São Roque Beach.

In addition to being near the railway station, this Beach has (...)

Praia do Vale do Olival - Alporchinhos

Address: Alporchinhos - Porches - Lagoa

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 22; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Situated at the western end of Armação de Pera Beach, Vale do Olival Beach nestles between some rock formations carved out by erosion. The cliff that surrounds it has a trail that offers magnificent views of the sea and connects with the nearby (...)

Praia de Dona Ana

Address: Lagos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Sheltered between cliffs, the sands of Dona Ana Beach and their calm and clear waters are one of the highest profile landmarks on the Algarve. The highly shaped rocks emerging from the sea or dotting the sands provide sunbathers with some shade and (...)

Loulé

Praia da Quinta do Lago

Address: Almancil - Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Part of the Ria Formosa Natural Park, the beauty of the Quinta do Lago Beach extends over 3.5 kilometres and is separated from the luxury tourist resort of the same name by the estuary.

Benefiting from top quality support infrastructures including (...)

Praia do Forte Novo - Quarteira

Address: Quarteira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 23; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

In the zone between the urban area of Quarteira and a natural area of delicate sand dunes, Forte Novo Beach owes its name to a fortress built in the 16th century and rebuilt two centuries later. Fully accessible for all, this beach has a wide sandy (...)

Portimão

Praia do Vau

Address: Portimão

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

Sheltered by gently copper coloured cliffs, what Vau Beach lacks in scale it makes up for in beauty set off by the calm sea to ensure the perfect ambience for relaxation.

Very popular during the peak summer season, the area adjoining the Beach has (...)

Praia de Vale de Lobo

Address: Almancil - Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

Surrounded by a reddish cliff on top of which sits one of the most famous and photographed golf courses in the entire Algarve, the Vale de Lobo Beach is located next to the similarly named tourist resort which has deservedly gained an (...)

Praia do Garrão

Address: Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

Just over the limits of the Ria Formosa Natural Park, the huge expanse of sand of Garrão Beach is able to meet whatever the tastes of its most diverse visitors, from those looking for the privacy of a deserted beach to those seeking more popular (...)

Praia dos Três Irmãos

Address: Alvor - Portimão

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing;

Accessibility:

Accessible beach;

Três Irmãos Beach lies around a bay formed by rocky outcrops located on the eastern extent of the Alvor sands that manage to extend unbroken over a full 7 kilometres.

In addition to a complete set of support infrastructures and quality (...)

Quarteira

Praia da Quarteira

Address: Quarteira - Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Bodyboard;

Accessibility:

Accessible beach;

Right by Quarteira, one of the Algarve's most popular summer destinations, the Beach sharing the town's name is a great expanse of sand divided up by cement seawalls. Running between the Beach and town is the Avenida Marginal coastal road providing (...)

Tavira

Praia da Ilha de Tavira-Mar

Address: Ria Formosa - Tavira

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

The Ilha de Tavira island forms part of the cordon of sandy islands separating the Ria Formosa estuary from the Atlantic Ocean and lies within the boundaries of the Natural Park and is, indeed, unique among these islands as it contains trees. (...)

Praia da Terra Estreita

Address: Santa Luzia - Tavira

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 17; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Part of the narrowest stretch of the cordon of sand separating Ria Formosa from the sea, Terra Estreita Beach is a very peaceful, virtually untouched area. The beach, however, has good support infrastructure including nets for playing football and (...)

Vila Real de Santo António

Praia da Lota

Address: Manta Rota - Vila Real de Santo António

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 22; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

With a long stretch of sand that is an extension of Manta Rota Beach, Lota Beach is bathed by a calm sea with a very pleasant temperature. It has a good support infrastructure and is surrounded by small dunes adding beauty to the landscape. The (...)

Vila do Bispo

Praia de Almádena - Cabanas Velhas

Address: Budens - Vila do Bispo

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 22 °; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Diving;

The small welcoming beach of Praia de Almádena nestles in a setting of great natural beauty, sheltered from the north-west winds. Accessible from Burgau, this beach is relatively unused and is ideal for all those looking for peace and quiet.

Praia de Salema

Address: Figueira - Vila do Bispo

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 19-21 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Located halfway between Sagres and Lagos, Salema Beach has long been used by fishermen, an activity that continues as any early morning visitor to the beach will discover. Very popular, and well equipped with bars and restaurants, this Beach, with (...)

Vilamoura

Praia de Vilamoura

Address: Vilamoura - Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

Built from scratch in the 1970s, Vilamoura is Europe's largest tourist complex and features the highest quality recreational services and facilities including a marina, casino, golf courses, hotels and tourist villages. The sands continue onwards in (...)

Azores

Ilha Terceira

Praia Grande

Address: Praia da Vitória - Ilha Terceira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Diving; Windsurfing; Sailing;

Accessibility:

Accessible beach;

Situated on the bay of the city of Praia da Vitória, Praia Grande has the longest stretch of sand on the Island of Terceira. Despite its central location, it is easy to find peaceful areas, not too crowded, in this large bathing area equipped with (...)

Ilha de Santa Maria

Praia Formosa

Address: Vila do Porto Ilha de Santa Maria

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 22; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

With its clear sand, Formosa Beach is a rare sight in the Azores, where black volcanic sand predominates. With crystal clear, shallow waters, it is a much appreciated leisure area in the southern part of the Island of Santa Maria. The Maré de (...)

Zona Balnear dos Anjos

Address: Vila do Porto Ilha de Santa Maria

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Diving;

Accessibility:

Accessible beach;

In the northern part of the Island of Santa Maria, the Bay of Anjos offers waters at very pleasant temperatures that invite relaxing bathing in view of Ponta do Frades. This bathing area also has a natural pool and support amenities for people with (...)

Ilha de São Miguel

Praia do Areal de Santa Bárbara

Address: Ribeira Grande - Ilha de São Miguel

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 23; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Close to Ribeira Grande, the Santa Bárbara Sands form one of the most extensive beaches in the region, stretching for about 1km. With an excellent support infrastructure, this beach is a prime leisure area where sports such as surfing and (...)

Praia do Corpo Santo

Address: Vila Franca do Campo Ilha de São Miguel

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 22; Security or Surveillance; Showers;

With the houses of Vila Franca do Campo as a backdrop, Corpo Santo Beach is accessible directly from the town centre. This small, cosy, sandy beach is safe and ideal for children. Right opposite, quickly accessible by boat, is the Islet of Vila (...)

Centro de Portugal

Alcobaça

Praia da Pedra do Ouro

Address: Pataias - Alcobaça

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16-18 °C; Restaurant; Security or Surveillance; Showers;

Activities:

Surfing; Bodyboard;

With its wide expanse of golden sands in striking contrast to the black rock of the surrounding cliffs, Pedra do Ouro Beach is a site of great natural beauty enhanced by the abandoned windmill perched at its northern end.

At low tide, the Beach (...)

Praia de Água de Madeiros

Address: Alcobaça

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16-18 °C; Restaurant; Security or Surveillance; Sunshade rental; Showers;

Large and enclosed by tall cliffs, Água de Madeiros Beach has a full range of services and facilities including a bar and restaurant in addition to horse rides through the surrounding pine forest. The sheltered part of the Beach is enriched by the (...)

Caldas da Rainha

Praia da Foz do Arelho - Mar e Lagoa

Address: Caldas da Rainha

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Windsurfing; Bodyboard;

Accessibility:

Accessible beach;

On the confluence between the Óbidos Lagoon and the sea, Foz do Arelho Beach throws up the choice between two very different types of beach. On the one side the Lagoon, a place of great natural beauty with its banks covered in thick vegetation and (...)

Cantanhede

Praia da Tocha

Address: Tocha - Cantanhede

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

In the second half of the 20th century, the small fishing village of Tocha became a sought after resort without ever losing its original identity. Out on its sands, there are still examples of the traditional wooden stilt platforms built by (...)

Figueira da Foz

Praia da Leirosa

Address: Marinha das Ondas - Figueira da Foz

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

A traditional fishing community, Leirosa is located to the south of Figueira da Foz and immediately after Costa de Lavos Beach with the dunes separating the two a sheltered and practically deserted area.

Leirosa Beach covers a huge expanse of sand (...)

Praia de Buarcos

Address: Buarcos - Figueira da Foz

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

The Mondego Cape appears as a sweeping extension of the Serra da Boa Viagem mountains and serves to protect the large sandy expanse of Buarcos Beach from strong northerly winds thereby creating a calmer sea that has become popular for windsurfing. (...)

Guarda

Praia fluvial de Valhelhas

Address: Valhelhas - Guarda

Characteristics and Services:

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers;

Accessibility:

Accessible beach;

Right in the middle of the Serra da Estrela Natural Park, Valhelhas River Beach takes advantage of the River Zêzere in an area of great landscape beauty. This beach is a leisure complex endowed with excellent support amenities, offering good (...)

Ílhavo

Praia da Barra

Address: Gafanha da Nazaré - Ílhavo

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

Located by the pontoon that marks the beginning of the Port of Aveiro and the end of the estuary, Barra Beach is both spacious and has good conditions for a range of sports including surfing, bodyboarding, kite-surfing, sailing and sea fishing. Very (...)

Leiria

Praia de Pedrógão

Address: Coimbrão - Leiria

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Between the pine trees and the sea, the long sandy extent of Pedrogão Beach stretches northwards before merging with the sparse Fausto Beach and southwards to the Foz do Rio Lis Beach, with boundless space and silence alongside the dunes.

Given (...)

Lourinhã

Praia da Areia Branca

Address: Lourinhã

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

The waves of Areia Branca Beach are among the best for either learning or engaging in either surfing or bodyboarding.

With the best renowned sands of Lourinhã council, the Beach always has plenty going along at the numerous bars and restaurants (...)

Praia de Valmitão

Address: Ribamar - Lourinhã

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; Showers;

Activities:

Surfing; Diving; Bodyboard;

Accessibility:

Accessible beach;

Less popular than other beaches, the sands of Valmitão Beach end at the clear waters of a sea rich in iodine further providing good conditions for a range of nautical sports such as surfing, diving and underwater fishing.

Mira

Praia de Mira

Address: Mira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Windsurfing; Bodyboard;

Accessibility:

Accessible beach;

Known as the Palheiros (Huts) of Mira due to the wooden constructions used by the fishermen, throughout the first half of the 20th century Mira Beach was a fishing village with its daily life well depicted in the Ethnographic Museum exhibition to be (...)

Praia de Porto Dinheiro

Address: Lourinhã

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Located near a small fishing village that now includes some good restaurants, Porto Dinheiro Beach is sheltered by cliffs that contain footprints of dinosaurs dating back to the Jurassic era.

The beach, normally quite calm, is an August favourite (...)

Nazaré

Praia da Nazaré

Address: Nazaré

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Unquestionably, one of the most popular resorts in this region, Nazaré is one of the most traditional of fishing villages where women still opt to follow custom and don the seven skirts regional dress as they care for the fish salt drying on wooden (...)

Ovar

Praia da Barrinha - Esmoriz

Address: Ovar

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

A traditional fishing village, the Esmoriz Beach has hung onto some of its "palheiro" huts, the wooden constructions dating back to the early part of the 20th century built by farmers as second homes so that whenever they were not working the lands, (...)

Praia do Furadouro

Address: Ovar

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing; Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

With a reputation both for its fishing and surfing, defining very different eras and approaches to life on the beach, the extensive Furadouro Beach comes with the strong waves of the Atlantic.

Inland, there is dense pine forest with the approximate (...)

Peniche

Praia da Consolação

Address: Peniche

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Diving; Bodyboard;

Consolação Beach is divided into two contrasting areas. To the south, a rocky zone, which is highly rich in iodine and perfectly placed to catch the sun, offering excellent therapeutic conditions and attracting many people seeking respite from any (...)

Praia de São Bernardino

Address: Peniche

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Located in a built up area and sheltered by a cliff, São Bernardino Beach has an extensive stretch of sands with easy access.

Sever do Vouga

Praia fluvial da Quinta do Barco

Address: Paradela do Vouga - Sever do Vouga

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Accessibility:

Accessible beach;

In a natural setting of great beauty, Quinta do Barco River Beach is located on the left bank of the River Vouga, close to the village of Paradela do Vouga. The leisure area has amenities which allow the full enjoyment by all of this pristine (...)

Torres Vedras

Praia de Santa Cruz

Address: Torres Vedras

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Santa Cruz covers an extended stretch of sand that is divided up into various beaches named after the respective cafes with the Beaches of Navio, Mirante, Pisão, Física, Centro, Santa Helena, Formosa and Azul. The purity of both the waters and (...)

Praia de Santa Rita

Address: Torres Vedras

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

With a wide stretch of sand bordered by hills and dunes covered in vegetation, Santa Rita Beach has two concession areas at its north and south ends. The sea at this popular beach has strong waves, ideal for surfers and bodyboarders.

Vagos

Praia da Vagueira

Address: Vagos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

The large sandy expanse of Vagueira Beach is still used by fishermen as they continue with their small scale traditions even if pulling in the fish laden nets is now done by tractor rather than bull.

The beach now attracts holidaymakers and in (...)

Lisboa Region

Cascais

Praia das Avencas

Address: Parede - Cascais

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-19 °C; Restaurant; Security or Surveillance; Sunshade rental; Showers;

Surrounded by cliffs that may be appreciated from the Marginal coast road, Avencas Beach is home to marine flora and fauna of significant importance with the site due to be declared of special biophysical interest.

The beach, limited in extent and (...)

Praia Grande do Guincho

Address: Guincho - Cascais

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-19 °C; Restaurant; Security or Surveillance; Sunshade rental; Showers;

Activities:

Surfing; Windsurfing; Bodyboard;

Part of the Sintra-Cascais Natural Park, Guincho Beach is endowed with a surrounding landscape of great beauty in which the white sand dunes contrast with the deep tones of the Serra de Sintra hills, looming in the background.

Given both its strong (...)

Ericeira

Praia da Calada

Address: Ericeira - Mafra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Diving; Bodyboard;

Accessibility:

Accessible beach;

Sheltered by tall cliffs, Calada Beach is a very pretty location around 10 kilometres to the north of the town of Ericeira.

Its large open sands are spacious enough to include beach volleyball and football facilities in addition to other support (...)

Praia de São Lourenço

Address: Ericeira - Mafra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Lying 7 kilometres from Ericeira and in close proximity to Ribamar, it is famous for its many quality restaurants specialising in fresh fish and shellfish.

São Lourenço Beach is located in a sheltered bay and equipped with good support (...)

Praia do Norte / Algodio (Ericeira)

Address: Ericeira - Mafra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Also known as Algodio Beach, Norte Beach lies within the town and is defined by the Ericeira jetty. With access from the centre of town, this is one of the busiest beaches in the region and attracts a very diversified group of regulars.

Estoril

Praia da Azarujinha

Address: São João do Estoril - Cascais

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 17-19 °C; Restaurant; Security or Surveillance; Sunshade rental; Showers;

Very small and sheltered by cliffs, Azarujinha Beach is located in a small cove that creates a type of natural amphitheatre.

Access to the beach is by foot down a stairway beginning on the promenade which links directly with São João do Estoril (...)

Praia de São Pedro do Estoril

Address: São Pedro do Estoril - Cascais

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-19 °C; Restaurant; Security or Surveillance; Sunshade rental; Showers;

Activities:

Surfing; Diving; Windsurfing; Bodyboard;

Sheltered by gullies of striking beauty, São Pedro do Estoril Beach is very popular for all year round bodyboarding.

With good access either by ramp leading up to the car park located at the top of the gully or by tunnel for those arriving by (...)

Sesimbra

Praia da Lagoa de Albufeira

Address: Sesimbra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-19 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Activities:

Surfing; Windsurfing; Bodyboard; Sailing;

Separated from the sea by enormous dunes and located at the extreme south of the stretch of sand that covers the many kilometres down from Costa da Caparica, the Lagoa de Albufeira Lagoon Beach, surrounded by pines features calm waters, ideal for (...)

Praia do Meco ou do Moinho de Baixo

Address: Meco - Sesimbra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-19 °C; Restaurant; Naturism; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Right by the village of Meco, which provides its most popularly used name, Moinho de Baixo Beach was one of the first to establish a duly signposted and authorised area for naturism over an area that covers the Tramagueira Beach through to the Rio (...)

Madeira

Ilha da Madeira

Zona Balnear da Ponta Gorda - Poças do Governador

Address: Funchal Ilha da Madeira

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Accessible from the seafront promenade, the Ponta Gorda Bathing Area or Poças do Governador, as it is also known, is located in the western part of Funchal. Fitting beautifully into the rocky coastline, this bathing area has three saltwater (...)

Zona Balnear da Ribeira do Faial

Address: Santana Ilha da Madeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Accessibility:

Accessible beach;

The Ribeira do Faial Bathing Area is located on the mouth of the river of the same name, on the northern coast of the Island of Madeira. Besides the small pebble beach, endowed with good support amenities, this leisure area also has a playground and (...)

Zona Balnear das Palmeiras

Address: Santa Cruz Ilha da Madeira

Characteristics and Services:

Zona Balnear das Poças do Gomes / Doca do Cavacas

Address: Funchal Ilha da Madeira

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Accessibility:

Accessible beach;

Located opposite to the city of Santa Cruz, the Palmeira Bathing Area boasts a pebble beach and a pontoon with steps which makes access to the sea easy and is ideal for diving. There are also two saltwater swimming pools, one of which is for (...)

Zona Balnear de Galo Mar

Address: Caniço - Santa Cruz Ilha da Madeira

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; Sunshade rental; Showers;

Activities:

Diving;

The Galo Mar Bathing Area is part of the Garajau Marine Reserve, an area much appreciated by divers. Protected from the wind by the mountains around it, this leisure area stretches across terraces accessible by steps or the panoramic elevator. At (...)

Zona Balnear de Roca Mar

Address: Caniço de Baixo - Santa Cruz Ilha da Madeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; Sunshade rental; Showers;

Activities:

Diving;

Close to the east boundary of the Garajau Marine Reserve, the Roca Mar Bathing Area extends across several terraces on the rocks, in a setting of great beauty. Access to the sea is by a series of steps, but this bathing complex also has a saltwater (...)

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; Showers;

Poças do Gomes or Doca do Cavacas is the name of a small rocky bathing area with natural pools, located in Funchal, close to the seafront promenade. This beach, with support amenities, spreads over various terraces and is located between the Lido (...)

Zona Balnear de Porto Moniz

Address: Porto Moniz Ilha da Madeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Diving;

Situated on the northern coast of the Island of Madeira, the Porto Moniz natural pools are part of a beautiful setting in which the natural greenery contrasts with the black cliffs and the blue sea. The pools formed between the rocks and their (...)

Zona Balnear do Garajau

Address: Garajau Ilha da Madeira

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; Showers;

Activities:

Diving;

A very welcoming Garajau Bathing Area is part of a small cove sheltered by the high, rocky shore. This pebble beach is part of the Garajau Partial Nature Reserve and is very popular with divers, who find excellent visibility in its crystal clear (...)

Porto and the North

Espinho

Praia da Baía

Address: Espinho

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Defined by two breakwaters, and accessed by a seaside walkway next to the centre of Espinho, Baía Beach is the most popular in the city.

Its popularity among the surfing and bodyboarding communities has only been strengthened by the competitions (...)

Esposende

Praia da Apúlia

Address: Apúlia - Esposende

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-17 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing; Diving; Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

Part of the Litoral de Esposende Protected Landscape, Apúlia Beach covers a large expanse of sand surrounded by dunes that serve to protect the Beach from stronger winds. The dunes are also home to former windmills that have now been converted into (...)

Praia Suave Mar

Address: Esposende

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-17 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing; Diving; Windsurfing; Bodyboard; Sailing;

Surrounded by dunes and pines, Suave-Mar Beach is to be found next to the mouth of the Cávado river and within the Litoral de Esposende Protected Landscape.

Also known as Esposende Beach given the direct access from the town of that name, (...)

Freixo de Espada à Cinta

Praia fluvial da Congida

Address: Freixo de Espada à Cinta

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Accessibility:

Accessible beach;

Surrounded by the lush nature of the Douro Internacional Natural Park, Congida River Beach is located on the large reservoir formed by the Saucelle Dam, close to the border with Spain. The beach belongs to a leisure complex that includes a floating (...)

Macedo de Cavaleiros

Praia Fluvial da Ribeira

Address: Albufeira do Azibo - Macedo de Cavaleiros

Characteristics and Services:

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Accessibility:

Accessible beach;

Set in the beautiful natural landscape of the Albufeira do Azibo, Praia da Ribeira is a very pleasant fluvial beach and leisure area where in summer the water normally has a temperature of more than 24°C at the surface. With a multi-purpose grassed (...)

Matosinhos

Praia de Fuzelhas Norte

Address: Matosinhos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Despite being quite rocky, this beach is very enjoyable for children because of the many rock pools that form at low tide, which are great for playing all kinds of games. Fuzelhas Beach has full supporting infrastructure, as well as equipment (...)

Praia do Marreco

Address: Perafita - Matosinhos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Close to the town of Perafita, Marreco Beach boasts a swathe of clean sand in an area where the coast forms a kind of bay. This beach is ideal for families with children, since at low tide the rocks form small pools where the little ones love to (...)

Moledo do Minho

Praia de Moledo

Address: Moledo do Minho

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-17 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Windsurfing; Bodyboard;

Accessibility:

Accessible beach;

A very famous tourist resort since the beginning of the 20th century, Moledo Beach brings in the families of politicians and other dignitaries who seek it out year after year in preference to the hotter sands of the south.

In an area of great (...)

Porto

Praia do Homem do Leme

Address: Porto

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Located in the city of Porto, close to Avenida de Montevideo, Homem do Leme Beach owes its name to a statue that stands near the sand. This small sand stretch with many rocks offers lovely perspectives and is extremely pleasant for a few hours of (...)

Póvoa de Varzim

Praia da Fragosa

Address: A-Ver-o-Mar - Póvoa do Varzim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Direct access from the road means that Fragosa Beach is very crowded, yet it still preserves its traditional fishing and seaweed collecting activities.

Praia da Póvoa de Varzim

Address: Póvoa de Varzim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Home to fearless fishermen, Póvoa de Varzim became one of the favourite northern Portuguese seaside resorts during the second half of the 19th century and particularly after the opening of the railway line in 1875, which provided easy access to the (...)

Praia de Santo André / Praia dos Cabos

Address: Póvoa de Varzim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; Sunshade rental; Showers;

Santo André Beach covers a large area of sand but is broken up by long lines of rocks forming lines, hence its alternative name Cabos (Cables) Beach.

Calm and with its safe waters, the Beach is located next to a Chapel dedicated to Saint André, a (...)

Viana do Castelo

Praia de Afife

Address: Afife - Viana do Castelo

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing; Windsurfing; Bodyboard;

A huge expanse of sand reached by protective wooden walkways leading through the dunes, Afife Beach is a good example of respect for the natural environmental quality.

The strong waves create good surfing conditions while the southern area of the (...)

Praia da Lagoa - Póvoa de Varzim

Address: Póvoa de Varzim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Handball; Football; Volleyball;

Accessibility:

Accessible beach;

With direct access from the waterfront road of the city, Lagoa Beach is very busy during the summer. Its stretch of sand forms a kind of bay, with excellent conditions for practising sports and it has a full supporting infrastructure with bars that (...)

Praia de Paimó

Address: Aguçadoura - Póvoa de Varzim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Paimó Beach covers the large expanse of sand beginning about a kilometre to the north at the Alto da Estela river, where there is both a campsite and a golf course. With good support infrastructures, the Beach draws in the sunbathers, perhaps (...)

Praia de Carreço

Address: Carreço - Viana do Castelo

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

With a fairly rocky area separating the dunes and the sands, Carreço Beach enjoys a good standard of both environmental quality and support infrastructures. The backdrop to the Beach is of great beauty with the landscape best admired from the (...)

Praia de Paçô

Address: Viana do Castelo

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 15-16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Diving;

Flanked by dunes forming a border between the sands and the green of the adjoining fields, Paçô Beach forms an attractive scenario with the Montedor hill and its lighthouse dominating to the south. Formerly a strategic location, the Beach contains (...)

Vila Nova de Gaia

Praia da Aguda

Address: Arcozelo - Vila Nova de Gaia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Located halfway between Gaia and Espinho, Aguda Beach covers an expanse of sand running from Miramar in the north through to Granja to the south.

With its strong waves, this Beach has a good following in the surfing community while the many species (...)

Praia de Salgueiros

Address: Canidelo - Vila Nova de Gaia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Diving; Bodyboard;

With its fine white sands occasionally studded with rock formations, Salgueiros Beach recently underwent a series of improvements to make it a more attractive to visitors. With strong waves breaking here, the Beach has good surfing conditions.

Praias de Francelos, Dunas Mar, Francemar e Sãozinha

Address: Gulpilhares - Vila Nova de Gaia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

On a coast that is highly rich in iodine with its therapeutical properties recommended for bone diseases, Francelos Beach

Praia da Granja

Address: São Félix da Marinha - Vila Nova de Gaia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

In the late 19th and early part of the 20th century, Granja Beach was the focal point of the most aristocratic summer resort in the north of Portugal, attracting royalty, the court and some of the most important Portuguese writers of that period (...)

Praia do Senhor da Pedra

Address: Miramar - Vila Nova de Gaia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Built on rocks, the Senhor da Pedra chapel, with its hexagonal layout, dominates this great expanse of sand and provides the name for this Beach located right at the northernmost end of Miramar Beach.

Very popular and with good support (...)

covers a huge area and is equipped with good support infrastructures.

The strong waves breaking here ensure the beach (...)

Vila do Conde

Praia de Azurara

Address: Azurara - Vila do Conde

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Located to the south of Vila do Conde and the mouth of the Ave river, Azurara Beach begins next to a jetty that acts as a windbreak.

Its fine, white sands extend over kilometres and are flanked by a protected cordon of dunes crossed by wooden (...)

Praia de Vila do Conde

Address: Vila do Conde

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Accessibility:

Accessible beach;

The sands of Vila do Conde Beach cover a long stretch of sand running practically continuously over an approximate 6 kilometres as far as the mouth of the Ave river. This expanse is divided up into a number of beaches named after the respective (...)

Praia de Labruga

Address: Vila do Conde

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

With a good supporting infrastructure, Labruga Beach is bordered by sand dunes and has some rocks scattered around the beach. The surrounding area is farmland that adds greatly to the picturesque landscape.