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# Accommodation

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## Alentejo

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### Beja

#### **Pousada de Juventude de Beja**

##### **Youth Hostels**

**Address:** R. Prof. Janeiro Acabado 7800-506 Beja

**Telephone:** +351 284 325 458 **Fax:** +351 284 325 468

**E-mail:** [beja@movijovem.pt](mailto:beja@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

##### **Timetable and reservations:**

08h00 - 24h00;

##### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 50; Double rooms: 10;  
Shared rooms: 6; Internet Access; Kitchen; Television room;  
Bicycle hire;

##### **Access:**

Outdoor parking;

##### **Payments:**

Credit cards accepted;

The Youth Hostel in Beja has wonderful facilities for you and your mates. As for sights, you get plenty to choose from. Don't forget this is the largest district in the country, so save at least half a day to see your host town.

Visit the monuments, the historic villages and go on the many tours that the Lower Alentejo province has to offer. Go up in a balloon and gaze peacefully at the plains - it'll be an unforgettable experience. With your feet on the ground, find a way of getting to Mértola - why not go by canoe down the Guadiana River and get to know the Guadiana valley nature reserve? - to Monsaraz and to Serpa.

The best thing to do is to come for a few days, with plenty of time, so you can enjoy it all at your own pace. After all, this is a place where things are done slowly...

### Odemira

#### **Pousada de Juventude de Almogrove**

##### **Youth Hostels**

**Address:** Rua do Chafariz - Almogrove 7630-017

##### **Odemira**

**Telephone:** +351 283 640 000 **Fax:** +351 283 647 035

**E-mail:** [almogrove@movijovem.pt](mailto:almogrove@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

##### **Timetable and reservations:**

8h00 - 12h00 / 18h00 - 24h00;

##### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 22; Double rooms: 18; Shared rooms: 18; Kitchen; Bicycle hire; Number of apartments: 2; Breakfast;

##### **Access:**

Outdoor parking;

##### **Accessibility:**

Disabled access;

Now this is one of the most popular Youth Hostels in the summer. Just a few kilometres away from Zambujeira do Mar -

where the annual Southwest Music Festival happens - the Youth Hostel of Almogrove is also close to a number of beaches, within the Parque Natural do Sudoeste Alentejano e da Costa Vicentina nature reserve. Here you can do surfing, bodyboarding and other sea sports. In the winter, all you need is a group of friends, a guitar and/or a surfboard for the fun to continue.

## Algarve

### Alcoutim

#### **Pousada de Juventude de Alcoutim**

##### **Youth Hostels**

**Address:** Alcoutim 8970-022 Alcoutim

**Telephone:** +351 281 546 004 **Fax:** +351 281 546 332

**E-mail:** [alcoutim@movijovem.pt](mailto:alcoutim@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

##### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

##### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Sports field; Bar; Number of beds: 60; Double rooms: 14; Shared rooms: 8; Kitchen; Games room; Television room; Bicycle hire; Swimming-pool; Canoeing;

##### **Payments:**

Credit cards accepted;

Renovated in 2001, the Alcoutim Youth Hostel now has a swimming pool, which calls out for you to have a splash around in it, especially in the summer. Right next door, the Guadiana River draws the line between the hostel and Spain. About 40 km from Vila Real de Stº António, with a dazzling landscape, Alcoutim is the ideal place for you to spend a few days with some friends, catch some sun, appreciate the beauty of the inland area of the Algarve and do water sports such as canoeing on the Guadiana.

### Aljezur

#### **Pousada de Juventude da Arrifana**

##### **Youth Hostels**

**Address:** Urbanização Arrifamar Praia da Arrifana

**8670-111 Aljezur**

**Telephone:** +351 282 997 455 **Fax:** +351 282 997 457

**E-mail:** [arrifana@movijovem.pt](mailto:arrifana@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

##### **Timetable and reservations:**

8am / 12pm;

##### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 46; Double rooms: 6; Shared rooms: 12; Internet Access; Kitchen; Television room; Terrace; Breakfast;

##### **Accessibility:**

Disabled access;

Come spend some days in Arrifana. Here you'll have everything you need!! There are various beaches with the ideal conditions for surfing and body board; lots of places that you can't go by without visiting, such as: the ruins of the Arrifana Fortress or the fabulous view from the Castle; loads of activities for you and fun and entertainment at bars, parties and fairs!! The Youth Hostel, be it in summer or in winter, couldn't be better! What are you waiting for? Grab your surf board and come over!

## Faro

### Pousada de Juventude de Faro

#### Youth Hostels

**Address:** R. da PSP, Edifício do IPJ 8000-408 Faro

**Telephone:** +351 289 826 521 **Fax:** +351 289 826 521

**E-mail:** faro@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 54; Double rooms: 2; Shared rooms: 14; Kitchen; Lockers; Breakfast;

#### **Payments:**

Credit cards accepted;

#### **Accessibility:**

Disabled access;

If you're planning to have a sun and beach holiday in the Algarve, then Faro Youth Hostel is definitely a great choice. You can catch a boat to the islands which make up the Ria Formosa nature reserve.

The reserve has an educational centre where you can see wildfowl, such as the sultana hen, or learn how the Portuguese water dog has been saved from extinction.

The town of Faro itself is an interesting place, due to its historic heritage and its liveliness, very much related to the constant arrival of tourists from all corners of the world. You may even get a chance to speak your own language.

## Lagos

### Pousada de Juventude de Lagos

#### Youth Hostels

**Address:** R. Lançarote de Freitas, 50 8600-605 Lagos

**Telephone:** +351 282 761 970 **Fax:** +351 282 769 684

**E-mail:** lagos@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Bar; Number of beds: 62; Double rooms: 5; Shared rooms: 13; Internet Access; Kitchen; Lockers; Breakfast;

#### **Payments:**

Credit cards accepted;

#### **Accessibility:**

Disabled access;

The good thing about the Youth Hostel in Lagos is that it's close to everything.

If you stay here, you're within the town centre, so you're near the shops and all the facilities you could need for a wonderful holiday. Near the marina, you'll find a small boat that takes you to Meia Praia, an enormous extension of white sand. Other beaches hide behind the cliffs, and the water is a magical green, from the yellow of the sun and the deep blue sea.

Going back to the city, you can enjoy its lively nightlife, checking out the many bars filled with foreign voices. Don't be shy; this may be the beginning of a long-lasting friendship.

## Portimão

### Pousada de Juventude de Portimão

#### Youth Hostels

**Address:** Lugar do Coca Maravilhas 8500-426 Portimão

**Telephone:** +351 282 491 804 **Fax:** +351 282491 806

**E-mail:** portimao@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 180; Double rooms: 8; Shared rooms: 41; Kitchen; Public telephone;

Breakfast;

#### **Payments:**

Credit cards accepted;

Here you have beaches, bars, discos and good restaurants! On the streets different languages are heard and the flurry is constant! But if you want a bit of quiet and peace then just set off and discover the nature of Serra de Monchique.

From the dunes to Ria de Alvor, from the beaches to the cliffs, here you will find circuits on foot, by bicycle or by boat that you don't want to miss!!

## Tavira

### Pousada de Juventude de Tavira

#### Youth Hostels

**Address:** Rua Miguel Bombarda, 36-38 8880-419 Tavira

**Telephone:** 969 779 545 **Fax:** 217 232 101

**E-mail:** tavira@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 62; Double rooms: 7; Shared rooms: 12; Internet Access; Kitchen; Lockers; Television room; Central heating; Central air conditioning;

Breakfast;

#### **Access:**

Outdoor parking;

#### **Accessibility:**

Disabled access;

Right in the historic district, the new Youth Hostel Tavira is ideal for exploring the East Algarve and its beautiful beaches. Not yet spoilt by the tourist industry, Tavira is a beautiful town located on both banks of the river Gilão, which are connected by an ancient Roman bridge.

## Azores

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## Angra do Heroísmo

### Pousada de Juventude de Angra do Heroísmo

#### Youth Hostels

**Address:** Negrito - São Mateus 9700-554 Angra do Heroísmo - São Mateus da Calheta

**Telephone:** +351 295 642 095 **Fax:** +351 295 642 095

**E-mail:** [pja.angra@oninet.pt](mailto:pja.angra@oninet.pt) **Website:**

<http://www.pousadasjuventude.pt>

#### **Timetable and reservations:**

9:30 - 13:00 / 15:30 - 24:00 ;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 71; Shared rooms: 10; Kitchen; Lockers; Public telephone; Television room; Bicycle hire; Breakfast;

#### **Access:**

Outdoor parking;

#### **Accessibility:**

Disabled access;

Leaflets advertising this region ask the question: "Could this be God's address?" True, the Azores islands do have a mystical appeal to them. Ideal for melancholic souls in search of silence and for those who want to look at the sea animals of the region, whales and dolphins, it is equally wonderful for more active types who prefer to go diving, fishing and hiking. The Youth Hostel in Angra do Heroísmo, on the island of Terceira, is your base from which you can set off to discover the history of this World Heritage town. Aren't these the holidays you've been dreaming about!? Well then, stop messing around and get on a plane, cos swimming will take too long.

## Ilha do Pico

### Pousada de Juventude do Pico séc. XVII

#### Youth Hostels

**Address:** Convento de São Pedro de Alcântara Rua João Bento de Lima 9940-366 São Roque do Pico

**Telephone:** +351 292 648 050 **Fax:** +351 292 642 670

**E-mail:** [pico@pousadasjuvacoeres.com](mailto:pico@pousadasjuvacoeres.com) **Website:**

<http://www.pousadasjuvacoeres.com>

#### **Characteristics and Services:**

Canteen; Bar; Number of beds: 44; Shared rooms: 6; Internet Access; Kitchen; Lockers; Television room; Family rooms: 1 T3; Breakfast;

#### **Access:**

Outdoor parking; Buses;

#### **Accessibility:**

Disabled access;

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## Ponta Delgada

### Pousada de Juventude de Ponta Delgada

#### Youth Hostels

**Address:** R. S. Francisco Xavier 9500-243 Ponta Delgada - Açores

**Telephone:** +351 296 629 431 **Fax:** +351 296 629 672

**E-mail:** [pja.acores@sapo.pt](mailto:pja.acores@sapo.pt) **Website:**

<http://www.pousadasjuventude.pt>

#### Timetable and reservations:

8am / 12pm;

#### Characteristics and Services:

Youth Hostel Card; Number of beds: 90; Double rooms: 4; Shared rooms: 20; Kitchen; Lockers; Public telephone; Television room; Breakfast;

#### Access:

Outdoor parking;

Become an adventurer, sail to the island of S. Miguel and dock at Ponta Delgada. When you're well anchored down, make yourself comfortable at the Youth Hostel of Ponta Delgada. You'll only be a few minutes' walk from the town centre. As you may have noticed on your voyage, you're in the middle of the Atlantic, with lots of water around! At the marina, you can find out about the many kinds of sport and leisure activities to occupy your valuable time. Windsurfing, scuba-diving and fishing - who knows, maybe you'll catch a sword-fish... Then tour around the island, visit the lagoons and travel through the volcanic lands. The climate may be unpredictable, but it's mild enough to allow for a balanced ecosystem that produces such tasty things as the popular island cheese. What that means is: green pastures + cows + an experienced hand = a full stomach. The esplanade offers you a number of great bars and lively entertainment. This island will drive you wild.

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## Centro de Portugal

### Abrantes

#### Pousada de Juventude de Abrantes

#### Youth Hostels

**Address:** Av. Eng<sup>o</sup> Adelino Amaro da Costa 2200-195 Abrantes

**Telephone:** +351 241 379 210 **Fax:** +351 241 379 211

**E-mail:** [abrantes@movijovem.pt](mailto:abrantes@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

#### Timetable and reservations:

8am - 12pm;

#### Characteristics and Services:

Youth Hostel Card; Canteen; Bar; Number of beds: 68; Double rooms: 18; Shared rooms: 8; Internet Access; Kitchen; Public telephone; Television room; Bicycle hire; Terrace; Breakfast;

#### Access:

Outdoor parking;

#### Accessibility:

Disabled access;

If you haven't got a clue where Abrantes is, just look at a map of Portugal and aim for the middle. The Youth Hostel in Abrantes is on a hill, between the town and the Tagus River, providing you with a range of good things to choose from. During your stay, we suggest you take three trips - to Tomar, to Constância and to Sardoal.

If you are more interested in the outdoor life, check out the Castelo de Bode Reservoir and have an invigorating swim in the lagoon off the River Zêzere, whilst breathing in the pure country air.

When you're back near the Youth Associations Support Center, try the wickedly tasty local cakes, but don't tell anyone, or you'll have to share them!

## Aveiro

### **Pousada de Juventude de Aveiro**

#### **Youth Hostels**

**Address: R. das Pombas, Edifício do IPJ 3810-150 Aveiro**

**Telephone: +351 234 420 536 Fax: +351 234 420 536**

**E-mail: [aveiro@movijovem.pt](mailto:aveiro@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 36; Double rooms: 8; Shared rooms: 5; Television room;

#### **Payments:**

Credit cards accepted;

If you stay at the Youth Hostel in Aveiro, you'll be able to get to know a town that is thriving, both socially and financially. The university is extremely lively and you might be interested in doing a course here. So now you know what to do before making a decision regarding your future: take a look at the sunny town of Aveiro.

Or why not go and see a quality basketball game (Ovarense, Illiabum, Beira-Mar, Sangalhos and Aveiro Basket are excellent options), go canoeing on the river or take in the unique beauty of Dunas de São Jacinto nature reserve. As well as checking out Praia da Barra or Costa Nova beach, of course.

More likely than not, you'll consider moving over.

## Castelo Branco

### **Pousada de Juventude de Castelo Branco**

#### **Youth Hostels**

**Address: Rua Dr. Francisco José Palmeiro, Edifício do IPJ**

**6000-230 Castelo Branco**

**Telephone: +351 272 321 363 Fax: +351 272 321 364**

**E-mail: [castelobranco@movijovem.pt](mailto:castelobranco@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

8h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 64; Double rooms: 4; Shared rooms: 14;

#### **Payments:**

Credit cards accepted;

The Castelo Branco Youth Hostel is back!! It was totally revamped and is now brand new, waiting to be visited by you and your friends!

Leave your luggage at the hostel and set out on the adventure. There's so much to see that it is going to be difficult to choose where to start... After touring around the city it is time to try Rappel, Slide or if you prefer to keep seeing beautiful sights why

not choose All Road or a canoe ride. And don't go back home without trying the delicious typical dish of the region followed by arroz doce (sweet rice) or an enormous slice of the best Pão-de-Ló (sponge cake) that you've ever eaten!!

Come on, let's go!!

## Coimbra

### **Pousada de Juventude de Coimbra**

#### **Youth Hostels**

**Address: Rua Doutor Henriques Seco, 14 3000-145**

**Coimbra**

**Telephone: +351 239 822 955 Fax: +351 239 821 730**

**E-mail: [coimbra@movijovem.pt](mailto:coimbra@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 72; Double rooms: 3; Shared rooms: 16; Kitchen; Public telephone; Breakfast;

#### **Payments:**

Credit cards accepted;

You don't have to be a graduate to visit Coimbra and get to know the students' city, as it is called. Have a walk around the city and take in the atmosphere of academic traditions, noticing the many student residences (repúblicas), the torn academic gowns and the ancient university. Who knows, maybe one day you'll end up studying here!

If you enjoy canoeing, then don't miss this opportunity to paddle in the Mondego waters. But if you're into more alternative sports, then Serra da Lousã is the place to practise everything related to mountaineering and adventure.

Oh, and don't forget: there are academic parties all year round, with few interruptions.

## Covilhã

### **Pousada de Juventude da Serra da Estrela**

#### **Youth Hostels**

**Address: Estrada Nacional 339 Penhas da Saúde 6200-073**

**Covilhã**

**Telephone: +351 275 335 375 / 961 112 200**

**E-mail: [geral@pjserradaestrela.pt](mailto:geral@pjserradaestrela.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 163; Double rooms: 25; Shared rooms: 12; Kitchen; Public telephone; Breakfast;

#### **Access:**

Outdoor parking;

#### **Payments:**

Credit cards accepted;

#### **Accessibility:**

Disabled access; Accessible areas/services: Bedrooms;

The Youth Hostel of Penhas da Saúde is located in the middle of the Serra da Estrela Nature Reserve, at an altitude of about 1900 metres. Picture this: spectacular landscape with steep



mountains, pure white snow in the winter and the chance to go skiing or snowboarding. If it's too chilly for you, you can always stay indoors and use the hostel kitchen to roast a typical Beira sausage, which you can have with Serra cheese. When the sun is shining, take a ride to Fundão, Seia, Gouveia, Manteigas and Belmonte. When the evening comes, the students in Covilhã liven up the town.

Before you hit the road, you can always make friends with a Serra da Estrela sheepdog.

## Fundão

### **Pousada de Juventude da Mina - Fundão**

#### **Youth Hostels**

**Address: Cabeço do Pião, 6230-631 Silvaes Fundão**

**Telephone: +351 275 657 603 Fax: +351 275 657 605**

**E-mail: [mina@movijovem.pt](mailto:mina@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

8am - 12am / 6pm - 12pm;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 34; Shared rooms: 4; Lockers; Television room; Bicycle hire; Breakfast;

#### **Accessibility:**

Disabled access;

The Mina Youth Hostel - Fundão is new and it is located in a beautiful mine village and boasts a unique industrial and residential archaeology!! You can also visit the Former Mine Mill of Panasqueira. But this isn't all! As it is so near River Zêzere you can do mountain biking, Rappel, Paintball, Climbing, Shooting, Rafting and much more! You can also visit the schist villages and the Palaeolithic cave paintings of Zêzere!

So, are you already on your way or what??

## Guarda

### **Pousada de Juventude da Guarda**

#### **Youth Hostels**

**Address: Av. Alexandre Herculano, Edifício do IPJ**

**6300-659 Guarda**

**Telephone: +351 271 224 482 Fax: +351 271 224 482**

**E-mail: [guarda@movijovem.pt](mailto:guarda@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 56; Double rooms: 6; Shared rooms: 10; Television room;

#### **Access:**

Outdoor parking;

#### **Payments:**

Credit cards accepted;

Guarda, the high city built in granite, might remind you of a bride, all dressed in white snow in the winter months.

If you stay at the Youth Hostel in Guarda, you'll definitely fall in love with this town. The monuments and the quiet mountain villages tell the tale of their own history.

On the outskirts of the Serra da Estrela mountain range, the steep slopes invite you to accept nature's challenge and go

hiking or rock-climbing. Hiking is definitely the thing to do around here, since it is the best way to get to the places that are more out-of-the-way.

But if you're looking for some fun, Spain is right next-door, with villages like Ciudad Rodrigo and cities like Salamanca. That's right, the country next door is worth visiting, too.

## Idanha-a-Nova

### **Pousada de Juventude de Idanha-a-Nova**

#### **Youth Hostels**

**Address: Praça da República, 32 6060-184 Idanha-a-Nova**

**Telephone: +351 277 201 127 Fax: +351 277 201 128**

**E-mail: [idanha@movijovem.pt](mailto:idanha@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

8.00 às 24.00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 67; Double rooms: 18; Shared rooms: 4; Kitchen; Television room; Terrace; Family rooms: 2; Breakfast;

#### **Accessibility:**

Disabled access;

Have you already been to Idanha'a'Nova? You're going to love it!

The Youth Hostel couldn't be better and there loads to see around here! Besides the rich natural patrimony, the historical village of Monsanto, Idanha-a-Velha, walking courses and the fairs and markets throughout the year are good reasons for a visit!

And before going back home, go and recover some strength in Termas de Monfortinho (thermal spa). You'll feel brand new!

## Leiria

### **Pousada de Juventude de Leiria**

#### **Youth Hostels**

**Address: Lg. Cândido dos Reis, 9 2400-112 Leiria**

**Telephone: +351 244 831 868 Fax: +351 244 831 868**

**E-mail: [leiria@movijovem.pt](mailto:leiria@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 52; Double rooms: 2; Shared rooms: 7; Kitchen; Games room;

#### **Payments:**

Credit cards accepted;

Right in the middle of the country, there are plenty of good reasons for you to visit Leiria. As in many other cities, the castle is always the ideal starting point to get a good view of the town. South of Leiria, there are several places where you can try out new activities.

The caves within the nature reserve of Aire and Candeeiros mountain ranges will initiate you in speleology - that's caving. Other towns and villages, such as Alcobaça, Tomar, Porto de Mós, Fátima, Batalha and Nazaré, provide you with a wealth of things to do. You won't be bored, that's for sure. Tired, maybe. But you can always lie on your hostel bed, gaze at the beautiful plasterwork ceiling, count some sheep and have a little snooze.

## Lourinhã

### Pousada de Juventude de Areia Branca

#### Youth Hostels

**Address:** Praia da Areia Branca - Largo João Soldado

**2530-217 Lourinhã**

**Telephone:** +351 261 422 127 **Fax:** +351 261 471 054

**E-mail:** areiabranca@movijovem.pt **Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Double rooms: 8;  
Shared rooms: 17; Public telephone;

#### **Payments:**

Credit cards accepted;

This hostel called White Sand is really the best you can get by the beach.

If you like surfing and bodyboarding, this is the place for you to break some waves and get a cool tan - being careful not to get burnt, of course. You can get to the beaches of Santa Cruz and Ericeira in the blink of an eye, and the nights should be full of fun, since the place is full of bars and discos.

Start making plans for a great holiday!

## Lousã

### Pousada de Juventude da Lousã

#### Youth Hostels

**Address:** Rua da Feira 3200 ? 122 Lousã

**Telephone:** +351 239 994 354 **Fax:** +351 239 995 565

**E-mail:** lousa@movijovem.pt **Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

8am / 12pm;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 62; Double rooms: 7; Shared rooms: 12; Kitchen; Lockers; Television room; Breakfast;

#### **Access:**

Outdoor parking;

#### **Accessibility:**

Disabled access;

Very close to River Zêzere and Serra da Lousã, you'll have loads of entertainment during your stay at the new youth hostel. You'll see what we mean when you get here and see the beautiful landscape, the presence of our magnificent history and the wide range of adventure sports for you to try out!

There are all sorts of thematic circuits, from bike riding to simply walking or All Road. You can also set out to discover the region by boat, kayak or even on horseback! Before returning home, visit the mountain villages - you surely won't regret it!

Come over and enjoy yourself. You're going to love this new youth hostel!

## Mira

### Pousada de Juventude de Mira

#### Youth Hostels

**Address:** Pq. Campismo de Jovens 3070 Praia de Mira

**Telephone:** +351 231 471 199 **Fax:** +351 231 471 275

**E-mail:** mira@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Number of beds: 60; Double rooms: 2; Shared rooms: 14;

#### **Access:**

Outdoor parking;

#### **Payments:**

Credit cards accepted;

The Youth Hostel in Mira is located in a privileged area, surrounded by pine trees and sandy dunes that tell you the sea is just around the corner. Combining a campsite with a lodging unit, you can choose from activities such as canoeing, hiking or mountain biking in the woods.

Mira beach is ideal for fab sun-tanning sessions, as well as refreshing plunges into the Atlantic waters. Nights are always lively, thanks to the convivial atmosphere of the many beach bars around. And before sunrise, lying on the sand and counting shooting stars is a must.

## Ovar

### Pousada de Juventude de Ovar

#### Youth Hostels

**Address:** Av D. Manuel I (EN 327) 3880-109 Ovar

**Telephone:** +351 256 591 832 **Fax:** +351 256 598 198

**E-mail:** ovar@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 88; Double rooms: 10; Shared rooms: 16; Games room; Lockers; Public telephone; Swimming-pool; Number of apartments : 1; Breakfast;

#### **Access:**

Outdoor parking;

#### **Payments:**

Credit cards accepted;

On the north coast, in the Aveiro district, you'll find the town of Ovar. Its Youth Hostel is located in the outskirts of town, surrounded by pinewoods.

Given its location and the facilities available, it is ideal for school groups on summer holidays. If the hostel swimming pool is not enough, you can always try the local beaches. And while you're there, check out the traditional craft of the local fishermen. As you're well aware, traditions are disappearing and it's not everyday that you get a chance to chat with an old seawolf.

If you want something more energetic, be it in the woods, the river or the sea, you can always go hiking, mountain-biking or do a number of water sports.

With so much water around, you'll end up growing scales!

## Porto de Mós

### Pousada de Juventude de Alvados - Porto de Mós

#### Youth Hostels

**Address:** Barreira de Água ? Alvados 2480-032 Porto de Mós

**Telephone:** +351 244 441 202 **Fax:** +351 244 441 202

**E-mail:** [alvados@movijovem.pt](mailto:alvados@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

#### **Timetable and reservations:**

8am / 12pm;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Number of beds: 52; Double rooms: 18; Shared rooms: 10; Internet Access; Kitchen; Lockers; Television room; Bicycle hire; Breakfast;

#### **Access:**

Outdoor parking;

#### **Accessibility:**

Disabled access;

In addition to the new facilities, there is much that you can do.

Start by wandering off into the Parque Natural das Serras de Aire e Candeeiros or discover the Grutas de Alvados, Santo António and Mira de Aire, and how about being a speleologist for a day?!

But this is not all. There are lagoons and loads of tracks for bike riding or walking! These are all without doubt good reasons for you to come over for a visit!

What are you waiting for then

## São Martinho do Porto

### Pousada de Juventude de Alfeizerão - São Martinho do Porto

#### Youth Hostels

**Address:** Estrada Nacional 8 2460 ? 191 Alfeizerão

**Telephone:** +351 262 990 392 **Fax:** +351 262 990 393

**E-mail:** [alfeizerao@movijovem.pt](mailto:alfeizerao@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

#### **Timetable and reservations:**

8h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Sports field; Bar; Number of beds: 60; Double rooms: 3; Shared rooms: 8; Kitchen; Public telephone; Breakfast;

#### **Payments:**

Credit cards accepted;

The Alfeizerão - São Martinho do Porto Youth Hostel has already opened its doors after having been closed for refurbishing. Book now! Here you will have everything at hand to spend a few amazing days!

There is beach, and beach and more beach! And in the centre of town, entertainment is a constant!! Rua Vasco da Gama, better known as Rua dos Cafés (the Café Street), is a well-known meeting point. Full of outdoor cafés it's going to be difficult to choose one... Walk along the narrow streets that are closed to traffic, and take a look at the beautiful typical houses - it's well worth the while!!

## São Pedro do Sul

### Pousada de Juventude de S. Pedro do Sul

#### Youth Hostels

**Address:** Rua Central, 818 Termas 3660-692 Varzea de São Pedro do Sul

**Telephone:** +351 232 724 543 **Fax:** +351 232 724 541

**E-mail:** [spedrosul@movijovem.pt](mailto:spedrosul@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

#### **Timetable and reservations:**

08h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Sports field; Bar; Number of beds: 138; Double rooms: 60; Shared rooms: 4; Breakfast;

#### **Access:**

Outdoor parking;

#### **Payments:**

Credit cards accepted;

The Youth Hostel of S. Pedro do Sul is located at a spa town in the province of Beira.

The town of S. Pedro do Sul - which is 3 kilometres away from the Hostel and 20 km from the town of Viseu - has a sports complex where you can do swimming, squash or table tennis. But if you'd rather feel the challenge of nature, you can also go hiking along footpaths and tracks up in the mountains. As you will soon realise, S. Pedro has an inner, natural beauty to it.

If, after all this action, you feel knackered, there's nothing like an invigorating bath at the spa. Now picture yourself enjoying a sauna, a Vichy shower and a water massage...

## Viseu

### Pousada de Juventude de Viseu

#### Youth Hostels

**Address:** Rua Aristides Sousa Mendes Portal do Fontelo 3500-033 Viseu

**Telephone:** +351 232 435 445 **Fax:** +351 232 435 445

**E-mail:** [viseu@movijovem.pt](mailto:viseu@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Meeting rooms; Number of beds: 64; Double rooms: 8; Shared rooms: 11;

#### **Payments:**

Credit cards accepted;

There's a traditional song that goes like this: "As I travelled, as I travelled, on my way to Viseu; I found my true love, oh, Jesus, here I go!!!" Even if you don't find your true love there, Viseu has many interesting touristy and cultural points. As the district's capital, set on a plateau between a range of mountains where rivers like Paiva and Dão flow by, the town of Viseu is connected to the historic figure of Viriato, who, like Astérix, gave a good beating to the Romans.

Viseu has a rich heritage of historic monuments that you might want to visit. So, don't just sit there and come along and see incredible buildings such as the cathedral or the Grão Vasco Museum.

And because you'll want to measure up to Viriato's warrior spirit,

you will want to defy the laws of nature by practising some mountain biking, canoeing, hang-gliding or paragliding, among other adventure sports.

What are you waiting for!? Make your reservation now!

## Lisboa Region

### Almada

#### Pousada de Juventude de Almada

##### Youth Hostels

**Address:** Quinta do Bucelinho ? Pragal 2805-358 Almada

**Telephone:** +351 21 294 34 91/ 2 Fax: +351 21 294 34 97

**E-mail:** almada@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

##### **Timetable and reservations:**

08h00 - 24h00;

##### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 124; Double rooms: 11; Shared rooms: 23; Games room; Number of apartments : 1;

##### **Access:**

Outdoor parking;

##### **Payments:**

Credit cards accepted;

The Youth Hostel in Almada has one of the most spectacular views in the country. Built on the south shore of the River Tagus, next to the 25 de Abril bridge, it gives you a unique opportunity to gaze at a panoramic view of Lisbon whilst sipping a coffee or reading your favourite book. Going into Lisbon is as quick as a flash - except in rush hour. By train, bus, ferryboat or car, you can go and check out Lisbon by night, wandering along the docks in Alcântara and Avenida 24 de Julho or around Bairro Alto. There's always a chance of catching some big waves in Costa da Caparica: there are plenty of beaches to choose from. If you're not from around here, we suggest you buy a tourist guide, so you don't miss out on what to do and see.

### Lisboa

#### Pousada de Juventude de Lisboa

##### Youth Hostels

**Address:** R. Andrade Corvo, 46 1050-009 Lisboa

**Telephone:** +351 21 353 26 96 Fax: +351 21 353 75 41

**E-mail:** lisboa@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

##### **Timetable and reservations:**

08h00 - 24h00;

##### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 186; Double rooms: 9; Shared rooms: 32; Lockers; Public telephone; Television room;

##### **Payments:**

Credit cards accepted;

##### **Accessibility:**

Disabled access;

Welcome to Lisbon, capital of Portugal.

The Lisbon Youth Hostel has been strategically built near the main arteries of the city. You can get anywhere in no time, be it

#### Pousada de Juventude de Lisboa - Parque das Nações

##### Youth Hostels

**Address:** Rua de Moscavide, Lt 47 ? 101 1998-011 Lisboa

**Telephone:** +351 21 892 08 90 Fax: +351 21 892 08 91

**E-mail:** lisboaparque@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

##### **Timetable and reservations:**

08h00 - 24h00;

##### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 92; Double rooms: 10; Shared rooms: 18; Kitchen; Public telephone; Television room;

##### **Payments:**

Credit cards accepted;

##### **Accessibility:**

Disabled access;

The Youth Hostel at Parque das Nações was built in 1998 to host young people from all over the globe who came to visit Expo 98.

by bus, tube, or in your own car. In the huge shopping centres, you can check out the latest international fashion styles or see the most recent films in their cinemas.

Lisbon is where the action is. Here, you can go to great stadium concerts and major football matches. With all these possibilities, the thing to do is to get yourself a Youth Card.

Whether you're just passing through or staying for a while, grab the chance to know what the city has to offer and enjoy it to the full.

With the renovation of the east side of town, a whole range of facilities were created, much to the satisfaction of Lisbon's inhabitants.

Young people were absolutely thrilled with the new possibility of having huge concerts in Pavilhão Atlântico, visiting the theme pavillions and Lisbon's Oceanarium, or even going bowling.

This is the Lisbon of the future, organized and lively. Obviously, it had to have a Youth Hostel.

## Oeiras

### Pousada de Juventude de Catalazete

#### Youth Hostels

**Address: Estrada Marginal (Junto ao Inatel) 2780-267**

**Oeiras**

**Telephone: +351 21 443 06 38 Fax: +351 21 441 92 67**

**E-mail: [catalazete@movijovem.pt](mailto:catalazete@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

08h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 94; Double rooms: 10; Shared rooms: 13; Kitchen; Public telephone; Number of apartments : 1;

#### **Access:**

Outdoor parking;

#### **Payments:**

Credit cards accepted;

#### **Accessibility:**

Disabled access; Disabled access; Reserved parking spaces;

A restored 18th century fort, the Youth Hostel of Catalazete is a great option for young people who want to see Lisbon and the Estoril coastline.

Oeiras is your host town. Here, you can use the sport and leisure facilities, such as Vale do Jamor sports complex - where the National Stadium is located - and the seawater public swimming pool, next to the hostel.

If you prefer the beach, then Carcavelos is the nearest option, but the railway line along the coast gives you lots of others to choose from. Come and have a drink with us and watch the Tagus River meet the Atlantic Ocean.

## Setúbal



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## **Pousada de Juventude de Setúbal**

### **Youth Hostels**

**Address: Lg. José Afonso 2900-429 Setúbal**

**Telephone: +351 265 534 431 Fax: +351 265 532 963**

**E-mail: [setubal@movijovem.pt](mailto:setubal@movijovem.pt) Website:**

**<http://www.pousadasjuventude.pt>**

### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 12h00;

### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 64; Double rooms: 12;

Shared rooms: 6; Breakfast;

Welcome to the land where you can still see dolphins: or rather, porpoises. But before you take the ferryboat to Tróia, drop your bags at the Albergue Juvenil and go for a stroll in the town.

Just off the mouth of the Sado River, the district of Setúbal is a mixture of natural landscape and industries of all kinds. An important fishing port, Setúbal's old neighbourhoods still show signs of this ancient craft. A paradox, sure enough.

If action's the word for you, there's a whole variety of sports that you can do in Serra da Arrábida nature reserve, as well as activities related to the protection of the environment in the nature reserve of the Sado estuary.

With an urban perimeter which extends almost to the outskirts of Lisbon, Setúbal invites you to visit the neighbouring villages of Azeitão, Palmela and Sesimbra. The trip will be definitely worth it!

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## **Madeira**

### **Funchal**

#### **Centro de Juventude "Quinta da Ribeira"**

##### **Youth Hostels**

**Address: Avenida Calouste Gulbenkian 9000-011 Funchal**

**Telephone: +351 291 741 540 / 291 741 381 Fax: +351 291 742 868**

**E-mail: [pousadas.drj.srrh@gov-madeira.pt](mailto:pousadas.drj.srrh@gov-madeira.pt) Website:**

**<http://juventude.gov-madeira.pt>**

### **Timetable and reservations:**

9 am - 12:30 pm / 2 pm - 8:30 pm - Monday to Friday; - 9 am - 1 pm ? weekends and holidays;

### **Other informations:**

Cash.;

### **Characteristics and Services:**

Canteen; Meeting rooms; Sports field; Number of beds: 125;

Double rooms: 5; Shared rooms: 18; Internet Access; Games room; Lockers; Public telephone; Television room; Supermarket; Single rooms;

### **Access:**

Outdoor parking; Buses;

### **Accessibility:**

Disabled access;

The Quinta da Ribeira Youth Centre, open since October 1992, is the result of the renovation of a traditional manor dating from the end of the 19th century. Surrounded by a lush garden, the Quinta da Ribeira Youth Centre will be your starting point on your visit to Funchal and Madeira Island.

## Ilha da Madeira

### Centro de Juventude da Calheta

#### Youth Hostels

**Address:** Sítio dos Serrões Acima 9370-224 Estreito da Calheta

**Telephone:** +351 291 741 540; 291 741 381 Fax: +351 291 822 507

**E-mail:** [pousadas.drj.srrh@gov-madeira.pt](mailto:pousadas.drj.srrh@gov-madeira.pt) **Website:** <http://juventude.gov-madeira.pt>

#### Timetable and reservations:

9 am - 12 pm / 4 pm - 6 pm / 9 pm - 2 am (night entrance).;

#### Other informations:

Cash.;

#### Characteristics and Services:

Canteen; Sports field; Number of beds: 32; Shared rooms: 4; Television room; Terrace;

#### Access:

Outdoor parking; Buses;

Inaugurated on 21st September 1995, the Calheta Youth Centre is a quaint traditional Madeira house, which has been adapted to suit the needs of a Youth Hostel. Located on the southern coast of the island, Calheta is the largest district on the Isle of Madeira and its most attractive features are the protected area known as the Laurissilva Forest (world heritage) and the living traditional activities such as the production of bananas, wine and sugar cane.

### Centro de Juventude do Porto Moniz

#### Youth Hostels

**Address:** Vila do Porto Moniz - Caminho da Igreja 9270-095 Porto Moniz

**Telephone:** +351 291 741 540; 291 741 381 Fax: +351 291 853 915

**E-mail:** [pousadas.drj.srrh@gov-madeira.pt](mailto:pousadas.drj.srrh@gov-madeira.pt) **Website:** <http://juventude.gov-madeira.pt>

#### Timetable and reservations:

9 am - 12 pm / 4 pm - 6 pm / 9 pm - 2 am (night entrance).;

#### Characteristics and Services:

Canteen; Number of beds: 22; Double rooms; Shared rooms: 4; Internet Access; Television room;

#### Access:

Outdoor parking; Buses;

Located on the northwest point of the Isle of Madeira, Porto Moniz Youth Centre is a quaint traditional Madeira house, which has been adapted to suit the needs of a Youth Hostel. Opened since May 1999, is a fine option for a great holiday.

## Ilha de Porto Santo

### Centro de Juventude do Porto Santo

#### Youth Hostels

**Address:** Sítio das Matas 9400-035 Porto Santo

**Telephone:** +351 291 982 607/ 291 982 508 Fax: +351 291 984 555

**E-mail:** [pousadas.drj.srrh@gov-madeira.pt](mailto:pousadas.drj.srrh@gov-madeira.pt) **Website:** <http://juventude.gov-madeira.pt>

#### Timetable and reservations:

9 am - 2 pm / 5 pm - 10 pm;

#### Other informations:

Cash;

#### Characteristics and Services:

Canteen; Number of beds: 65; Double rooms; Shared rooms: 18; Internet Access; Games room; Public telephone; Television room; Terrace;

#### Access:

Outdoor parking;

#### Accessibility:

Disabled access;

Porto Santo Youth Centre is a recent youth lodging unit located in one of the most beautiful, paradise-like places in Portugal. If you opt for the Isle of Porto Santo, then you're probably a beach lover. The beach at Porto Santo is known for its 9km-long stretch of sand and for the high quality of its waters.

## Porto and the North

## Braga

### Pousada de Juventude de Braga

#### Youth Hostels

**Address:** R. de Santa Margarida, 6 4710-306 Braga

**Telephone:** +351 253 616 163 **Fax:** +351 253 616 163

**E-mail:** braga@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 62; Double rooms; Shared rooms: 7; Games room; Public telephone;

#### **Access:**

Outdoor parking;

#### **Payments:**

Credit cards accepted;

A city rich in traditions, Braga is full of symbols of a history that goes back way before our grandparents' time.

The Youth Hostel is near the main landmarks. Now let's see, once you've done the town, go up to Bom Jesus and take a good look at it: that's right, it keeps growing.

Guimarães is not far away, and you'll appreciate the old town centre with its quaint houses. It's welcoming and it's also a World Heritage site.

Or you can always set off for some adventure in Peneda-Gerez national park. So, it's up to you, pack your bags and don't forget to bring a pair of hiking boots.

## Bragança

### Pousada de Juventude de Bragança

#### Youth Hostels

**Address:** Forte de S. João de Deus 5300-263 Bragança

**Telephone:** +351 273 304 600 **Fax:** +351 273 304 601

**E-mail:** braganca@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 96; Double rooms: 10; Shared rooms: 16; Internet Access; Kitchen; Games room; Public telephone; Number of apartments: 2;

#### **Payments:**

Credit cards accepted;

#### **Accessibility:**

Disabled access;

This is a luxury Youth Hostel. After all, you deserve it. It is built on the beautiful lands of Trás-os-Montes, where nature is something else.

Surely the fact that Bragança is far up, in the extreme northwest corner of Portugal, is hardly an excuse for you not to go there. And there's more: if you want to get away from the rat race, your choice couldn't be better. Hiking tracks, climbing rocks, mountain-biking routes and all sorts of adventure sports are there for the doing in Douro International Nature Reserve or Montesinho Nature Reserve.

Get your rucksack, call up your gang and get on a bus or rent a

car and get away from it all.

## Espinho

### **Pousada de Juventude de Espinho**

#### **Youth Hostels**

**Address:** Lugar de Sales ? Silvade 4500-474 Espinho

**Telephone:** +351 22 731 20 22 **Fax:** +351 22 731 20 32

**E-mail:** [espinho@movijovem.pt](mailto:espinho@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

#### **Timetable and reservations:**

8am / 12pm;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Bar; Number of beds: 62; Double rooms: 7; Shared rooms: 12; Kitchen; Television room; Breakfast;

#### **Access:**

Outdoor parking;

#### **Accessibility:**

Disabled access;

You'll need a few days to visit Espinho. There is a bit of everything here. From the Centro Multimeios where you can watch various shows, to the protected area of Barrinha de Esmoriz or Lagoa de Paramos, and of course don't forget the 8km stretch of excellent beaches and all the activities that you can practice!

And nothing better than the modern and comfortable facilities of this brand new Youth Hostel for a splendid stay!!

## Esposende

### **Pousada de Juventude de Foz do Cávado**

#### **Youth Hostels**

**Address:** Alameda Bom Jesus- Fão 4740-322 Esposende

**Telephone:** +351 253 981 790 **Fax:** +351 253 981 790

**E-mail:** [fozcavado@movijovem.pt](mailto:fozcavado@movijovem.pt) **Website:**

<http://www.pousadasjuventude.pt>

#### **Timetable and reservations:**

8 am - 12 am;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 84; Double rooms: 10; Shared rooms: 16; Kitchen; Public telephone; Swimming-pool; Number of apartments : 1; Breakfast;

#### **Access:**

Outdoor parking;

On the bank of the River Cávado, in a village called Fão, you'll find the Youth Hostel of Foz do Cávado. This is one of the most popular hostels among students who travel around the country on field trips. Renovated in 2000, the hostel has a new swimming pool, which makes the gardens around it even more enticing. The sea is pretty close too, which might make it hard for you to make up your mind.

The Cávado, which flows right next to the hostel, is one of the best rivers for canoeing and other water sports.

## Guimarães

### Pousada de Juventude de Guimarães

#### Youth Hostels

**Address: Complexo Multifuncional de Couros Largo do Cidade, 8 4810-430 Guimarães**

**Telephone: +351 253 421 380 Fax: +351 253 421 381**

**E-mail: guimaraes@movijovem.pt Website:**

**<http://www.pousadasjuventude.pt>**

#### Timetable and reservations:

8am / 12pm;

#### Characteristics and Services:

Youth Hostel Card; Canteen; Bar; Number of beds: 62; Double rooms: 14; Shared rooms: 5; Internet Access; Kitchen; Games room; Television room; Number of apartments : 1; Breakfast;

#### Accessibility:

Disabled access;

This town is also the birthplace of a new Youth Hostel which is right next to the historic centre of Guimarães - considered World Heritage since 2001. Once you're all settled, climb the hill to the castle, then walk down towards the Dukes' Palace, and finally sit comfortably at one of the outdoor cafés in Largo da Oliveira.

Check out the city's sports events. There's a sports pavillion in Guimarães which is fully equipped and also has a football stadium where the main team - Vitória Sport Clube - usually plays. If you feel like enjoying a panoramic view over the city, go up to Monte da Penha. Walking there means an uphill climb of 7 kilometres, so... the best thing to do is take the cable-car! And when night comes, you can always join the university students who fill up the town's bars.

You might have already figured out that you'll like it here.

## Melgaço

### Pousada de Juventude de Melgaço

#### Youth Hostels

**Address: Complexo Desportivo Monte Prado 4960-320 Melgaço**

**Telephone: +351 251 410 200 Fax: +351 251 410 209**

**E-mail: melgaço@movijovem.pt Website:**

**<http://www.pousadasjuventude.pt>**

#### Timetable and reservations:

8am / 12pm;

#### Characteristics and Services:

Youth Hostel Card; Canteen; Bar; Number of beds: 62; Double rooms: 7; Shared rooms: 12; Internet Access; Kitchen; Lockers; Television room; Bicycle hire; Breakfast;

#### Access:

Outdoor parking;

#### Accessibility:

Disabled access;

Come and spend a few days in Melgaço and try out all that the Youth Hostel has to offer.

This new Youth Hostel integrates a sports complex boasting a range of offers, so it is quite possible to come across your favourite European football team. Who knows?

Delight yourself with a good book under a shady pine tree of the Parque Natural da Peneda do Gerês or if you prefer come feel all the adrenaline of rafting in the River Minho.

At night, how about some entertainment in Caminha? There's lots to choose from to have fun!

## Ponte de Lima

### Pousada de Juventude de Ponte de Lima

#### Youth Hostels

**Address:** Rua Agostinho José Taveira 4990-062 Ponte de Lima

**Telephone:** +351 258 943 797 **Fax:** +351 258 943 605

**E-mail:** pontelima@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 44; Double rooms: 12;

Shared rooms: 5; Kitchen; Breakfast;

#### **Payments:**

Credit cards accepted;

#### **Accessibility:**

Disabled access;

Did you know there's a new Youth Hostel at Ponte de Lima? It's brand new and you can actually be one of the first people to benefit from its modern and comfortable rooms. Besides, the typical northern village it is located in offers you colourful, rural scenery full of attractions to visit.

You can either follow the 'tourist route' set up by the local council, which leads you around the most important monuments of the historic centre; or discover that amazing legacy by yourself, without having to follow the signs. But let us give you a few hints: go to the Monte da Madalena belvedere, so that you can get a panoramic view of Ponte de Lima; visit the nature reserve of Lagoas de Bertandos and S. Pedro de Arcos and, to top it all in beauty, take the time to go for a swim in the river Lima.

If you're an extrovert and you like partying, the best time to come to this ancient walled town is the third week of September, when the village hosts the Feiras Novas, traditional festivities that bring thousands of people to town.

## Porto

### Pousada de Juventude do Porto

#### Youth Hostels

**Address:** R. Paulo da Gama, 551 4169-006 Porto

**Telephone:** +351 22 617 72 57 **Fax:** +351 22 617 72 47

**E-mail:** porto@movijovem.pt **Website:**

**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 124; Double rooms: 34; Shared rooms: 19; Kitchen; Games room; Lockers; Public telephone; Breakfast;

#### **Payments:**

Credit cards accepted;

Proudly unconquered and tripe eating: there you have two emblems of Oporto. As soon as you get there, you'll realize this won't be your last visit to the city. There's just too much to see.

Since you're staying at the Oporto Youth Hostel, we will be

honoured to serve you breakfast with a panoramic view of the Douro estuary. And after the grub, check out the town. Take in the different styles of local architecture, zigzag across the bridges, taste the Port wine in one of the many cellars, mix with the people in Bolhão marketplace, count the number of steps as you climb to the top of Clérigos' Tower and take a souvenir photo in Avenida dos Aliados.

If you're a football freak, then FC Porto and Boavista stadiums are waiting to hear you scream wildly. The Rosa Mota pavillion and the coliseum should have several events scheduled to suit your taste. At night, the Ribeira and the many discos in town are a clear synonym for fun unlimited. All this and much more.

Porto is a cool town.

## Terras de Bouro

### **Pousada de Juventude de Vilarinho das Furnas**

#### **Youth Hostels**

**Address:** Rua da Pousada, 1 4840-030 Campo do Gerês  
**Tel. 253 351 339**

**Telephone:** +351 253 351 339 **Fax:** +351 253 352 864

**E-mail:** vilarinho@movijovem.pt **Website:**  
**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 58; Double rooms: 29; Games room; Public telephone; Tennis courts; Breakfast;

#### **Access:**

Outdoor parking;

#### **Payments:**

Credit cards accepted;

If you're a fan of adventure sports, then the Vilarinho das Furnas Youth Hostel is the ideal place for you to spend some days!!

Thanks to its privileged location, in the heart of the National park of Peneda - Gerês, there is loads of space for mountain biking, canoeing, hiking and all that you feel like doing! But this isn't all!

The Youth Hostel has been revamped and now there are these fantastic bungalows, with all that you need!!

Come over and visit us!!

## Viana do Castelo

### **Pousada de Juventude de Viana do Castelo**

#### **Youth Hostels**

**Address:** Rua de Limia 4900-405 Viana do Castelo

**Telephone:** +351 258 800 260 **Fax:** +351 258 800 261

**E-mail:** vianacastelo@movijovem.pt **Website:**  
**http://www.pousadasjuventude.pt**

#### **Timetable and reservations:**

08h00 - 24h00;

#### **Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Sports field; Bar; Number of beds: 82; Double rooms: 9; Shared rooms: 16; Internet Access; Kitchen; Games room; Breakfast;

#### **Payments:**

Credit cards accepted;

#### **Accessibility:**

Disabled access;

Meet the "princess of Lima"; the town of Viana do Castelo. Go on, bow down before her. This noble city on the Minho coast will put you up at its luxurious Youth Hostel - a recently built unit with excellent facilities.

The mouth of the river Lima shelters an important port and shipyard while Viana do Castelo shows off its beautiful monuments to its visitors. The most emblematic landmark is probably the Sanctuary of Santa Luzia, both for its grandeur and for its breathtaking panoramic view.

Up in the north, the Atlantic waters are naturally cooler. However, the summer calls for some fun in the sea. Praia de Âncora and Moledo, with their beach cafés, will definitely become your favourite spots.

## Vila Nova de Cerveira

### **Pousada de Juventude de Vila Nova de Cerveira Youth Hostels**

**Address: Rua Alto das Veigas Estrada Nacional nº 13  
4920-222 Vila Nova de Cerveira  
Telephone: +351 251 796 113 Fax: +351 251 796 113  
E-mail: [cerveira@movijovem.pt](mailto:cerveira@movijovem.pt) Website:  
<http://www.pousadasjuventude.pt>**

**Timetable and reservations:**

08h00 - 12h00 / 18h00 - 24h00;

**Characteristics and Services:**

Youth Hostel Card; Number of beds: 48; Double rooms: 9; Shared rooms: 6; Kitchen; Public telephone; Breakfast;

**Payments:**

Credit cards accepted;

Vila Nova de Cerveira is a friendly town that you are going to love! Known for hosting the plastic arts biennial, it is the stage where artists meet and exchange experiences. Vilar de Mouros and Paredes de Coura where the famous festivals are held are located very near from here!

The Youth Hostel is ideal for you and for your friends! Just take the ferry-boat and you're in Spain! In River Minho and at the Natural Park of Peneda - Gerês you can go canoeing, paddling, for walks and do all that you like!

## Vila Nova de Foz Côa

### **Pousada de Juventude de Foz Côa Youth Hostels**

**Address: Caminho Vicinal Currauteles, 5 5150 Vila Nova de Foz Côa  
Telephone: +351 279 768 190 Fax: +351 279 768 191  
E-mail: [fozcoa@movijovem.pt](mailto:fozcoa@movijovem.pt) Website:  
<http://www.pousadasjuventude.pt>**

**Timetable and reservations:**

08h00 - 24h00;

**Characteristics and Services:**

Youth Hostel Card; Canteen; Meeting rooms; Bar; Number of beds: 84; Double rooms: 18; Shared rooms: 16; Internet Access; Kitchen; Public telephone; Bicycle hire; Terrace; Breakfast;

**Payments:**

Credit cards accepted;

**Accessibility:**

Disabled access;

Who hasn't heard of Foz Côa?



The Youth Hostel of Foz Côa, opened in 1999, is the best starting point for a visit to the archeological site of the Foz Côa valley, with its collection of 30 thousand year-old stone-age murals. A unique chance to find out what our ancestors were up to, and also to see a region with astonishing views and ideal conditions for doing adventure sports.

## Vila Real

### **Pousada de Juventude de Vila Real**

#### **Youth Hostels**

**Address: R. Dr. Manuel Cardona, Edifício do IPJ**

**5000-558 Vila Real**

**Telephone: +351 259 373 193 Fax: +351 259 373 193**

**E-mail: vilareal@movijovem.pt Website:**

**<http://www.pousadasjuventude.pt>**

#### **Timetable and reservations:**

8am / 24pm;

#### **Characteristics and Services:**

Youth Hostel Card; Number of beds: 52; Double rooms: 10;

Shared rooms: 8; Television room;

The Vila Real Youth Hostel is beyond the Marão mountain range, where people have their own way of doing things.

So you can do the same and use your initiative to get to know the historical landmarks of the region, such as Solar de Mateus and the stone-age sanctuary of Panóias. Around here, nature seems truly defiant, with its huge mountain ranges of Marão and Alvão. Obviously, it's an ideal location for mountaineering. Set off to discover this amazing inland region.