
Beaches

Alentejo

Santiago do Cacém

Praia da Costa de Santo André

Address: Santiago do Cacém

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

Right by Santo André Lagoon, and part of a Nature Reserve, the Costa de Santo André Beach is a long stretch of sand with the Atlantic Ocean on one side and the calm waters of the lagoon on the other. Surrounded by golden dunes, this beach with its (...)

Sines

Praia de São Torpes

Address: Sines

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 18-19 °C; Restaurant; Security or Surveillance; EEC Blue Flag;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Its strong and regular waves ensure São Torpes Beach is one of the best for surfing to be found along the entire extent of the Portuguese coastline with a number of schools available for those wishing to learn this sport.

Located right in the (...)

Praia Vasco da Gama

Address: Sines

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-19 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

Within the city limits of Sines and the scene of major events in Portuguese history, Vasco da Gama Beach is in a sheltered bay with practically no waves and thus ideal for windsurfing and sailing.

Flanked by the Avenida Marginal coast-road, very (...)

Zambujeira do Mar

Praia da Zambujeira do Mar

Address: Odemira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Part of the Costa Vicentina e Sudoeste Alentejano Natural Park, Zambujeira do Mar Beach is surrounded by tall cliffs that offer wonderful panoramic views out over the ocean. The frequently strong waves breaking on this beach provide quality (...)

Algarve

Albufeira

Praia da Galé

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

In order to differentiate between means of accesses originating at the car park, the long stretch of sand making up Galé Beach is divided into two, named after their respective locations - East and West. Surrounded by golden cliffs, Galé Beach is (...)

Praia de Santa Eulália

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

With its surrounding golden cliffs covered with pine trees and gardens, the charming Santa Eulália Beach is one of the most beautiful and best cared for on the entire Algarve coast.

The beach is next to a leisure complex that provides a bar, (...)

Praia dos Pescadores

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

Located right in the centre of the long sandy extent running the length of Albufeira, Pescadores Beach has retained the picturesque ambience created by the colourful traditional fishing vessels that are normally drawn up over on the east of this (...)

Praia Maria Luísa

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Praia da Oura

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

Very close to Albufeira, and right in the heart of one of the Algarve's most popular areas, the Oura Beach has all every aspect necessary for some wonderful holidays down by the sea. The sea is calm and ideal for relaxation or sports such as (...)

Praia do Túnel ou Peneco

Address: Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

With access via a tunnel connecting with the city centre, Peneco or Túnel Beach is located at the long stretch of sand running the length of Albufeira. At the far west of the beach, there is a promenade perfect for a pleasant stroll and providing (...)

Praia Manuel Lourenço

Address: Galé - Albufeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Surrounded by golden cliffs covered in vegetation, Manuel Lourenço Beach is accessed via Galé, its neighbour. With good services and facilities, the well-preserved natural surroundings of this Beach feature a fairly varied and balanced ecosystem.

Accessibility:

Accessible beach;

With access from the Olhos de Água village or the Quinta da Balaia tourist resort, the Maria Luísa Beach is characterised by the surrounding cliffs with their tones of ochre through to gold contrasting with the blue of the sea.

The beach has a (...)

Alcoutim

Praia fluvial do Pego Fundo

Address: Alcoutim

Characteristics and Services:

Outdoor parking; Bar; Security or Surveillance; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Located close to Alcoutim, in inland Algarve, Pego Fundo River Beach is a very pleasant space, surrounded by lush vegetation. This bathing area, fed by Ribeira de Cadavais, has calm waters and full amenities that include a garden, a volleyball field (...)

Aljezur

Praia do Monte Clérigo

Address: Aljezur

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-21 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Diving; Bodyboard;

Accessibility:

Accessible beach;

Located next to the fishing village of Monte Clérigo, this similarly named Beach lies around 10 kilometres from the town of Aljezur with easy access via the tarmac road leading to the ramps and stairways down to the beach itself.

The spacious (...)

Castro Marim

Praia Verde

Address: Castro Marim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 22-24 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

A huge, flat expanse of sand that continues endlessly in either direction be it eastwards or westwards, Verde Beach is a picture postcard of tranquillity.

The calm of the sea and the pleasing air and sea temperatures only serve to improve the (...)

Lagoa

Praia da Senhora da Rocha

Address: Porches - Lagoa

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Accessibility:

Accessible beach;

Set back between tall cliffs, Senhora da Rocha Beach is a small area of sand with a calm and clear sea, ideal for both swimming or as a departure point for boat excursions along the coast to discover the nearby grottoes.

To the west, the beach (...)

Lagos

Meia Praia

Address: Lagos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing; Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

One of the most famous of the Lagos region, Meia Praia runs over some 5 kilometres of sand between the Marina and the Alvor estuary, with the eastern extent known as São Roque Beach.

In addition to being near the railway station, this Beach has (...)

Praia de Porto de Mós

Address: Lagos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Surrounded by tall cliffs, the charming Porto de Mós Beach rolls out like a long tongue of golden sand reaching down to the calm sea with its waters in ever changing tones of blues and greens. Walking westwards along the cliff takes you to the (...)

Praia da Luz

Address: Lagos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

A fishing community since the earliest human settlement of this area, Luz has gone on to become a highly popular summer destination while holding onto its original charm.

The easily accessed Beach has excellent support infrastructures including (...)

Loulé

Praia de Vale de Lobo

Address: Almancil - Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

Surrounded by a reddish cliff on top of which sits one of the most famous and photographed golf courses in the entire Algarve, the Vale de Lobo Beach is located next to the similarly named tourist resort which has deservedly gained an (...)

Praia do Forte Novo - Quarteira

Address: Quarteira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 23; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

In the zone between the urban area of Quarteira and a natural area of delicate sand dunes, Forte Novo Beach owes its name to a fortress built in the 16th century and rebuilt two centuries later. Fully accessible for all, this beach has a wide sandy (...)

Monte Gordo

Praia de Monte Gordo

Address: Vila Real de Santo António

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 22-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Accessibility:

Accessible beach;

Boasting the warmest waters of mainland Portugal, the large, sandy Monte Gordo beach comes along with excellent support infrastructures including sport facilities, restaurants and terraces.

Right by the beach, the Monte Gordo resort, originally a (...)

Praia do Ancão

Address: Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

Lying within the large protected area making up the Ria Formosa Natural Park that extends through to Tavira, Ancão Beach covers a large expanse of sand flanked by dunes and pine trees.

A favourite among many national and international (...)

Praia do Garrão

Address: Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

Just over the limits of the Ria Formosa Natural Park, the huge expanse of sand of Garrão Beach is able to meet whatever the tastes of its most diverse visitors, from those looking for the privacy of a deserted beach to those seeking more popular (...)

Portimão

Praia do Vau

Address: Portimão

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

Sheltered by gently copper coloured cliffs, what Vau Beach lacks in scale it makes up for in beauty set off by the calm sea to ensure the perfect ambience for relaxation.

Very popular during the peak summer season, the area adjoining the Beach has (...)

Quarteira

Praia da Quarteira

Address: Quarteira - Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-23 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Bodyboard;

Accessibility:

Accessible beach;

Right by Quarteira, one of the Algarve's most popular summer destinations, the Beach sharing the town's name is a great expanse of sand divided up by cement seawalls. Running between the Beach and town is the Avenida Marginal coastal road providing (...)

Vila Real de Santo António

Praia da Lota

Address: Manta Rota - Vila Real de Santo António

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 22; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

With a long stretch of sand that is an extension of Manta Rota Beach, Lota Beach is bathed by a calm sea with a very pleasant temperature. It has a good support infrastructure and is surrounded by small dunes adding beauty to the landscape. The (...)

Praia de Santo António

Address: Vila Real de Santo António

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag;

Praia dos Três Irmãos

Address: Alvor - Portimão

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing;

Accessibility:

Accessible beach;

Três Irmãos Beach lies around a bay formed by rocky outcrops located on the eastern extent of the Alvor sands that manage to extend unbroken over a full 7 kilometres.

In addition to a complete set of support infrastructures and quality (...)

Accessibility:

Accessible beach;

Located by the mouth of the River Guadiana, Santo António Beach is one of several on a continuous 12km stretch of sand culminating at Ria Formosa. Bathed by the warm, calm sea, this beach is surrounded by the National Forest which adds shades of (...)

Vila do Bispo

Praia de Salema

Address: Figueira - Vila do Bispo

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 19-21 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Located halfway between Sagres and Lagos, Salema Beach has long been used by fishermen, an activity that continues as any early morning visitor to the beach will discover. Very popular, and well equipped with bars and restaurants, this Beach, with (...)

Vilamoura

Praia de Vilamoura

Address: Vilamoura - Loulé

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20-22 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

Built from scratch in the 1970s, Vilamoura is Europe's largest tourist complex and features the highest quality recreational services and facilities including a marina, casino, golf courses, hotels and tourist villages. The sands continue onwards in (...)

Azores

Ilha Terceira

Praia Grande

Address: Praia da Vitória - Ilha Terceira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Diving; Windsurfing; Sailing;

Accessibility:

Accessible beach;

Situated on the bay of the city of Praia da Vitória, Praia Grande has the longest stretch of sand on the Island of Terceira. Despite its central location, it is easy to find peaceful areas, not too crowded, in this large bathing area equipped with (...)

Zona Balnear dos Biscoitos

Address: Biscoitos - Praia da Vitória Ilha Terceira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Security or Surveillance; EEC Blue Flag;

Activities:

Diving;

Accessibility:

Accessible beach;

Located on the northern coast of the Island of Terceira, the Biscoitos bathing area comprises natural pools between the curious shapes of the black rocks which are the result of volcanic eruptions. With a good support infrastructure, this area (...)

Ilha de Santa Maria

Zona Balnear dos Anjos

Address: Vila do Porto Ilha de Santa Maria

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Diving;

Accessibility:

Accessible beach;

In the northern part of the Island of Santa Maria, the Bay of Anjos offers waters at very pleasant temperatures that invite relaxing bathing in view of Ponta do Frades. This bathing area also has a natural pool and support amenities for people with (...)

Ilha de São Miguel

Zona Balnear de Porto Martins

Address: Praia da Vitória Ilha Terceira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag;

Activities:

Diving;

Accessibility:

Accessible beach;

Located on the eastern coast of the Island of Terceira, the Porto Martins Bathing Area comprises several natural pools, with complete support amenities, providing pleasant moments of leisure in the hottest months of the year.

Praia das Milícias

Address: São Roque - Ponta Delgada Ilha de São Miguel

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 20; Restaurant; Security or Surveillance; EEC Blue Flag;

Activities:

Diving; Windsurfing; Bodyboard;

Accessibility:

Accessible beach;

Milícias Beach is also known as Praia Grande (large beach), because it is in fact the main beach on the Island of São Miguel. Located just 4km from Ponta Delgada, this beach, like all the others on the island, has dark volcanic sand and good (...)

Praia do Areal de Santa Bárbara

Address: Ribeira Grande - Ilha de São Miguel

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 23; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Close to Ribeira Grande, the Santa Bárbara Sands form one of the most extensive beaches in the region, stretching for about 1km. With an excellent support infrastructure, this beach is a prime leisure area where sports such as surfing and (...)

Zona Balnear da Lagoa

Address: Lagoa São Miguel

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Accessibility:

Accessible beach;

Comprising a complex of natural pools, the Lagoa Bathing Area is the ideal place to enjoy the cool sea in peace and safety. This very popular bathing area is one of the busiest places in the municipality of Lagoa.

Praia de Água de Alto

Address: Vila Franca do Campo Ilha de São Miguel

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Diving;

Accessibility:

Accessible beach;

With a large stretch of sand, Água d'Alto Beach is favoured by the residents of the Island of São Miguel and the busiest in Vila Franca do Campo. Its attractions include the fine sand, the crystal clear waters and a good support infrastructure.

Praíinha de Água d'Alto

Address: Vila Franca do Campo Ilha de São Miguel

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Security or Surveillance; EEC Blue Flag;

Accessibility:

Accessible beach;

Praíinha de Água d'Alto is a small, cosy beach in Vila Franca do Campo, in the southern part of the Island of São Miguel. Surrounded by beautiful green scenery, this bathing area is very popular, particularly with families with children.

Zona Balnear dos Poços - São Vicente Ferreira

Address: São Vicente Ferreira - Ponta Delgada Ilha de São Miguel

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Diving;

Accessibility:

Accessible beach;

Situated in the municipality of Ponta Delgada and close to São Vicente Ferreira, the bathing area of the pools is very popular. A waterfront road runs along the coast and provides easy access to this natural pool, which has good support amenities.

Centro de Portugal

Abrantes

Praia fluvial da Aldeia do Mato

Address: Aldeia do Mato - Abrantes

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

Aldeia do Mato River Beach is located on the Castelo de Bode Dam reservoir, surrounded by lush nature where green and pinewood aromas prevail. Endowed with support amenities that include floating pools and a campsite, this leisure area offers an (...)

Caldas da Rainha

Praia da Foz do Arelho - Mar e Lagoa

Address: Caldas da Rainha

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Windsurfing; Bodyboard;

Accessibility:

Accessible beach;

On the confluence between the Óbidos Lagoon and the sea, Foz do Arelho Beach throws up the choice between two very different types of beach. On the one side the Lagoon, a place of great natural beauty with its banks covered in thick vegetation and (...)

Cantanhede

Praia da Tocha

Address: Tocha - Cantanhede

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

In the second half of the 20th century, the small fishing village of Tocha became a sought after resort without ever losing its original identity. Out on its sands, there are still examples of the traditional wooden stilt platforms built by (...)

Figueira da Foz

Praia de Buarcos

Address: Buarcos - Figueira da Foz

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

The Mondego Cape appears as a sweeping extension of the Serra da Boa Viagem mountains and serves to protect the large sandy expanse of Buarcos Beach from strong northerly winds thereby creating a calmer sea that has become popular for windsurfing. (...)

Praia do Relógio

Address: Figueira da Foz

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Small craft hire;

Activities:

Bodyboard; Sailing;

Accessibility:

Accessible beach;

Throughout the first half of the 20th century, Figueira da Foz was one of the main bathing resorts in Portugal, popular among well off families from across the north of the country. Nowadays, despite having lost some of its former prominence, it (...)

Guarda

Praia fluvial de Aldeia Viçosa

Address: Aldeia Viçosa - Guarda

Characteristics and Services:

Outdoor parking; Bar; Security or Surveillance; Showers;

Accessibility:

Accessible beach;

In an idyllic setting, Aldeia Viçosa River Beach was named after the small neighbouring village. Located in a valley formed by the River Mondego, this beach has excellent conditions and is a much appreciated leisure area, bathed by the crystal (...)

Praia de Quiaios

Address: Quiaios - Figueira da Foz

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Located to the north of Figueira da Foz, Quiaios Beach is long and flanked by vegetation covered dunes. The sea breaks in powerful waves at this point, sometimes representing a danger to swimmers. However, such conditions have proved popular with (...)

Praia fluvial de Valhelhas

Address: Valhelhas - Guarda

Characteristics and Services:

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers;

Accessibility:

Accessible beach;

Right in the middle of the Serra da Estrela Natural Park, Valhelhas River Beach takes advantage of the River Zêzere in an area of great landscape beauty. This beach is a leisure complex endowed with excellent support amenities, offering good (...)

Ílhavo

Praia da Barra

Address: Gafanha da Nazaré - Ílhavo

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

Located by the pontoon that marks the beginning of the Port of Aveiro and the end of the estuary, Barra Beach is both spacious and has good conditions for a range of sports including surfing, bodyboarding, kite-surfing, sailing and sea fishing. Very (...)

Leiria

Praia de Pedrogão

Address: Coimbrão - Leiria

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Between the pine trees and the sea, the long sandy extent of Pedrogão Beach stretches northwards before merging with the sparse Fausto Beach and southwards to the Foz do Rio Lis Beach, with boundless space and silence alongside the dunes.

Given (...)

Lourinhã

Praia da Areia Branca

Address: Lourinhã

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

The waves of Areia Branca Beach are among the best for either learning or engaging in either surfing or bodyboarding.

With the best renowned sands of Lourinhã council, the Beach always has plenty going along at the numerous bars and restaurants (...)

Praia de Valmitão

Address: Ribamar - Lourinhã

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; Showers;

Activities:

Surfing; Diving; Bodyboard;

Accessibility:

Accessible beach;

Less popular than other beaches, the sands of Valmitão Beach end at the clear waters of a sea rich in iodine further providing good conditions for a range of nautical sports such as surfing, diving and underwater fishing.

Mação

Praia fluvial do Carvoeiro

Address: Carvoeiro - Mação

Characteristics and Services:

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Accessibility:

Accessible beach;

Carvoeiro River Beach is situated on the river of the same name that crosses the village, some 25km northeast of the town of Mação, the seat of the municipality. Ideal for resting in an environment where the air is pure and constantly renewed by (...)

Mira

Praia de Mira

Address: Mira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Windsurfing; Bodyboard;

Accessibility:

Accessible beach;

Known as the Palheiros (Huts) of Mira due to the wooden constructions used by the fishermen, throughout the first half of the 20th century Mira Beach was a fishing village with its daily life well depicted in the Ethnographic Museum exhibition to be (...)

Murtosa

Praia da Torreira

Address: Murtosa

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

Flanked by dunes, Torreira Beach lies on the coastal cordon separating the Ria de Aveiro estuary from the sea ensuring that visitors, while only having to move a few metres, may opt between the open sea with its good surfing waves or the calm of the (...)

Praia do Monte Branco

Address: Torreira - Murtosa

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Restaurant; Security or Surveillance; EEC Blue Flag;

Activities:

Windsurfing;

Accessibility:

Accessible beach;

Monte Branco river beach has an extensive sandy beach surrounded by a pine forest, that makes it really inviting for long peaceful walks. This river beach on the Ria de Aveiro offers excellent support facilities, and is located in the town of (...)

Nazaré

Praia da Nazaré

Address: Nazaré

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Unquestionably, one of the most popular resorts in this region, Nazaré is one of the most traditional of fishing villages where women still opt to follow custom and don the seven skirts regional dress as they care for the fish salt drying on wooden (...)

Ovar

Praia da Barrinha - Esmoriz

Address: Ovar

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

A traditional fishing village, the Esmoriz Beach has hung onto some of its "palheiro" huts, the wooden constructions dating back to the early part of the 20th century built by farmers as second homes so that whenever they were not working the lands, (...)

Praia do Furadouro

Address: Ovar

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing; Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

With a reputation both for its fishing and surfing, defining very different eras and approaches to life on the beach, the extensive Furadouro Beach comes with the strong waves of the Atlantic.

Inland, there is dense pine forest with the approximate (...)

Praia da Cortegaça

Address: Esmoriz - Ovar

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Flanked by dunes and pine trees as is common to many of the beaches of this region, Cortegaça Beach covers a large extent of sand backed up by good support infrastructures and a campsite.

The waves are often strong at this point providing good (...)

Pombal

Praia do Osso da Baleia

Address: Mata Nacional do Urso - Pombal

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16-18 °C; Security or Surveillance; EEC Blue Flag;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Osso da Baleia Beach is simply huge stretching on over the horizon running the length of the Mata Nacional do Urso protected area.

Very quiet and distanced from the road by a series of dunes, the Beach has won various environmental quality awards.

Sever do Vouga

Praia fluvial da Quinta do Barco

Address: Paradela do Vouga - Sever do Vouga

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Accessibility:

Accessible beach;

In a natural setting of great beauty, Quinta do Barco River Beach is located on the left bank of the River Vouga, close to the village of Paradela do Vouga. The leisure area has amenities which allow the full enjoyment by all of this pristine (...)

Torres Vedras

Praia de Santa Cruz

Address: Torres Vedras

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Santa Cruz covers an extended stretch of sand that is divided up into various beaches named after the respective cafes with the Beaches of Navio, Mirante, Pisão, Física, Centro, Santa Helena, Formosa and Azul. The purity of both the waters and (...)

Praia de Santa Rita

Address: Torres Vedras

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

With a wide stretch of sand bordered by hills and dunes covered in vegetation, Santa Rita Beach has two concession areas at its north and south ends. The sea at this popular beach has strong waves, ideal for surfers and bodyboarders.

Vagos

Praia da Vagueira

Address: Vagos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

The large sandy expanse of Vagueira Beach is still used by fishermen as they continue with their small scale traditions even if pulling in the fish laden nets is now done by tractor rather than bull.

The beach now attracts holidaymakers and in (...)

Praia do Areão

Address: Vagos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Security or Surveillance; EEC Blue Flag;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

To the south of Vagueira Beach, while without any natural barrier, comes the wild emptiness of Areão Beach surrounded by the dunes that serve as the border between the sands and agricultural fields.

Nearby, the Mata park is an excellent option (...)

Lisboa Region

Ericeira

Praia da Calada

Address: Ericeira - Mafra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Diving; Bodyboard;

Accessibility:

Accessible beach;

Sheltered by tall cliffs, Calada Beach is a very pretty location around 10 kilometres to the north of the town of Ericeira.

Its large open sands are spacious enough to include beach volleyball and football facilities in addition to other support (...)

Praia de São Lourenço

Address: Ericeira - Mafra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Lying 7 kilometres from Ericeira and in close proximity to Ribamar, it is famous for its many quality restaurants specialising in fresh fish and shellfish.

São Lourenço Beach is located in a sheltered bay and equipped with good support (...)

Praia da Ribeira d'Ilhas

Address: Ericeira - Mafra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Located around 3.5 kilometres from Ericeira and right by the river mouth that provides its name, Ribeira d' Ilhas Beach is considered one of the best in Europe for both surfing and bodyboarding. Since 1985, it has annually hosted one of the world (...)

Praia do Norte / Algodio (Ericeira)

Address: Ericeira - Mafra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Also known as Algodio Beach, Norte Beach lies within the town and is defined by the Ericeira jetty. With access from the centre of town, this is one of the busiest beaches in the region and attracts a very diversified group of regulars.

Sesimbra

Praia do Meco ou do Moinho de Baixo

Address: Meco - Sesimbra

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 17-19 °C; Restaurant; Naturism; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Right by the village of Meco, which provides its most popularly used name, Moinho de Baixo Beach was one of the first to establish a duly signposted and authorised area for naturism over an area that covers the Tramagueira Beach through to the Rio (...)

Madeira

Ilha da Madeira

Zona Balnear da Ponta Gorda - Poças do Governador

Address: Funchal Ilha da Madeira

Characteristics and Services:

Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Accessible from the seafront promenade, the Ponta Gorda Bathing Area or Poças do Governador, as it is also known, is located in the western part of Funchal. Fitting beautifully into the rocky coastline, this bathing area has three saltwater (...)

Zona Balnear das Palmeiras

Address: Santa Cruz Ilha da Madeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Accessibility:

Accessible beach;

Located opposite to the city of Santa Cruz, the Palmeira Bathing Area boasts a pebble beach and a pontoon with steps which makes access to the sea easy and is ideal for diving. There are also two saltwater swimming pools, one of which is for (...)

Zona Balnear da Ribeira do Faial

Address: Santana Ilha da Madeira

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 21; Restaurant; Security or Surveillance; EEC Blue Flag; Showers;

Accessibility:

Accessible beach;

The Ribeira do Faial Bathing Area is located on the mouth of the river of the same name, on the northern coast of the Island of Madeira. Besides the small pebble beach, endowed with good support amenities, this leisure area also has a playground and (...)

Porto and the North

Caminha

Praia de Caminha / Foz do Minho

Address: Caminha

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-17 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Activities:

Windsurfing; Sailing;

Accessibility:

Accessible beach;

Set in an area of great natural beauty by the mouth of the Minho river and surrounded by the pines making up the Mata Nacional do Camarido protected area, Caminha or Camarido Beach is located at the most north-westerly point of the Portuguese (...)

Espinho

Praia da Baía

Address: Espinho

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16-18 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Defined by two breakwaters, and accessed by a seaside walkway next to the centre of Espinho, Baía Beach is the most popular in the city.

Its popularity among the surfing and bodyboarding communities has only been strengthened by the competitions (...)

Esposende

Praia da Apúlia

Address: Apúlia - Esposende

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-17 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing; Diving; Windsurfing; Bodyboard; Sailing;

Accessibility:

Accessible beach;

Part of the Litoral de Esposende Protected Landscape, Apúlia Beach covers a large expanse of sand surrounded by dunes that serve to protect the Beach from stronger winds. The dunes are also home to former windmills that have now been converted into (...)

Praia de Marinhas-Cepães

Address: Esposende

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-17 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Sailing;

Accessibility:

Accessible beach;

With its substantial area of sand flanked by dunes separating it from the adjoining fields, the beautiful Cepães Beach is part of the Litoral de Esposende Protected Landscape.

While the waves here are strong, this Beach is not particularly (...)

Freixo de Espada à Cinta

Praia fluvial da Congida

Address: Freixo de Espada à Cinta

Characteristics and Services:

Outdoor parking; Bar; Restaurant; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Accessibility:

Accessible beach;

Surrounded by the lush nature of the Douro Internacional Natural Park, Congida River Beach is located on the large reservoir formed by the Saucelle Dam, close to the border with Spain. The beach belongs to a leisure complex that includes a floating (...)

Macedo de Cavaleiros

Praia Fluvial da Ribeira

Address: Albufeira do Azibo - Macedo de Cavaleiros

Characteristics and Services:

Outdoor parking; Bar; Security or Surveillance; EEC Blue Flag; Showers; Small craft hire;

Accessibility:

Accessible beach;

Set in the beautiful natural landscape of the Albufeira do Azibo, Praia da Ribeira is a very pleasant fluvial beach and leisure area where in summer the water normally has a temperature of more than 24°C at the surface. With a multi-purpose grassed (...)

Matosinhos

Praia das Pedras do Corgo

Address: Matosinhos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental;

Accessibility:

Accessible beach;

Pedras do Corgo Beach has a very extensive stretch of sand bathed by the sea's strong waves. Access to the beach is by a long wooden walkway and the beach has good support infrastructure, complete with awnings and beach huts for hire, or (...)

Praia do Marreco

Address: Perafita - Matosinhos

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Close to the town of Perafita, Marreco Beach boasts a swathe of clean sand in an area where the coast forms a kind of bay. This beach is ideal for families with children, since at low tide the rocks form small pools where the little ones love to (...)

Moledo do Minho

Praia de Moledo

Address: Moledo do Minho

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-17 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Windsurfing; Bodyboard;

Accessibility:

Accessible beach;

A very famous tourist resort since the beginning of the 20th century, Moledo Beach brings in the families of politicians and other dignitaries who seek it out year after year in preference to the hotter sands of the south.

In an area of great (...)

Porto

Praia da Foz

Address: Porto

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental;

Accessibility:

Accessible beach;

In one of Porto's prime locations, Foz Beach is a name that covers the group of Ourigo, Ingleses and Luz Beaches. The expanse of sand is limited but the sea offers conditions for surfing, which attracts young people. The area also boasts various (...)

Praia do Homem do Leme

Address: Porto

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Located in the city of Porto, close to Avenida de Montevideo, Homem do Leme Beach owes its name to a statue that stands near the sand. This small sand stretch with many rocks offers lovely perspectives and is extremely pleasant for a few hours of (...)

Póvoa de Varzim

Praia da Fragosa

Address: A-Ver-o-Mar - Póvoa do Varzim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Direct access from the road means that Fragosa Beach is very crowded, yet it still preserves its traditional fishing and seaweed collecting activities.

Praia da Póvoa de Varzim

Address: Póvoa de Varzim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Praia da Lagoa - Póvoa de Varzim

Address: Póvoa de Varzim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Handball; Football; Volleyball;

Accessibility:

Accessible beach;

With direct access from the waterfront road of the city, Lagoa Beach is very busy during the summer. Its stretch of sand forms a kind of bay, with excellent conditions for practising sports and it has a full supporting infrastructure with bars that (...)

Praia de Paimó

Address: Aguçadoura - Póvoa de Varzim

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Home to fearless fishermen, Póvoa de Varzim became one of the favourite northern Portuguese seaside resorts during the second half of the 19th century and particularly after the opening of the railway line in 1875, which provided easy access to the (...)

Viana do Castelo

Praia da Amorosa

Address: Chafe - Viana do Castelo

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

A firm favourite among both surfers and bodyboarders, Amorosa Beach also draws in families from across the north of Portugal, some of whom have holiday homes in the area.

The beach is reached over a wooden walkway in order to protect the dunes in (...)

Vila Nova de Gaia

Praia da Aguda

Address: Arcozelo - Vila Nova de Gaia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

Located halfway between Gaia and Espinho, Aguda Beach covers an expanse of sand running from Miramar in the north through to Granja to the south.

With its strong waves, this Beach has a good following in the surfing community while the many species (...)

Praia de Miramar / Mar e Sol

Address: Gulpilhares - Vila Nova de Gaia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Close to one of the oldest golf courses in Portugal, and surrounded by fine residences, the popular Miramar Beach, with a full range of services and facilities, covers a large expanse with its sands broken by the occasional rock formation.

Accessibility:

Accessible beach;

Paimó Beach covers the large expanse of sand beginning about a kilometre to the north at the Alto da Estela river, where there is both a campsite and a golf course. With good support infrastructures, the Beach draws in the sunbathers, perhaps (...)

Praia de Carreço

Address: Carreço - Viana do Castelo

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

With a fairly rocky area separating the dunes and the sands, Carreço Beach enjoys a good standard of both environmental quality and support infrastructures. The backdrop to the Beach is of great beauty with the landscape best admired from the (...)

Praia de Canide

Address: Vila Nova de Gaia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Activities:

Surfing; Diving; Bodyboard;

Accessibility:

Accessible beach;

Part of an enormous stretch of sands that runs continuously over kilometres, Canide Beach itself divides into two areas, North and South. The southern area is favoured by surfers while the northern often hosts kite-surfing and beach football (...)

Praia do Senhor da Pedra

Address: Miramar - Vila Nova de Gaia

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

Built on rocks, the Senhor da Pedra chapel, with its hexagonal layout, dominates this great expanse of sand and provides the name for this Beach located right at the northernmost end of Miramar Beach.

Very popular and with good support (...)

To the (...)

Vila Praia de Âncora

Praia de Vila Praia de Âncora

Address: Vila Praia de Âncora

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 15-17 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Activities:

Surfing; Bodyboard;

Accessibility:

Accessible beach;

The sands of Vila Praia de Âncora extend from the fishing port over to the Âncora river which reaches the coast here after its 15 kilometre descent through the Serra de Arga hills, an attractive natural environment, which features some good (...)

Vila do Conde

Praia de Labruga

Address: Vila do Conde

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

With a good supporting infrastructure, Labruga Beach is bordered by sand dunes and has some rocks scattered around the beach. The surrounding area is farmland that adds greatly to the picturesque landscape.

Praia do Mindelo

Address: Mindelo - Vila do Conde

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers;

Accessibility:

Accessible beach;

To the south of the Mindelo Ornithological Reserve, a protected area of dunes home to various types of bird, Mindelo Beach stands out for the enormous boulders littering the shore, which are not to be found on adjoining beaches to the north. These (...)

Praia de Vila do Conde

Address: Vila do Conde

Characteristics and Services:

Outdoor parking; Bar; Average seawater temperature in summer (°C): 16 °C; Restaurant; Security or Surveillance; EEC Blue Flag; Sunshade rental; Showers; Small craft hire;

Accessibility:

Accessible beach;

The sands of Vila do Conde Beach cover a long stretch of sand running practically continuously over an approximate 6 kilometres as far as the mouth of the Ave river. This expanse is divided up into a number of beaches named after the respective (...)